

## E-visit through MyCare

Gundersen Health System is now offering another convenient and affordable healthcare option. E-visits are available for patients with these non-urgent illnesses:

- Back pain
- Cough/upper respiratory infection
- Diarrhea
- Heartburn
- Red eye
- Sinus problems
- Urinary problems
- Vaginal discharge/irritation

### To use e-visits, you need to be:

- A Gundersen patient\* with a [MyCare account](#) holder (if you don't, it's fast, easy and free to sign up)
- Seen in a Gundersen primary care department in the last 36 months
- 18 years old or older

E-visits are conducted through your MyCare accounts from any location in Wisconsin, Minnesota or Iowa with Internet access using your computer, tablet or smartphone.

Simply log in to your [MyCare account](#) and click on the e-visit icon. You will complete a few questions online (should take less than 5 minutes) and then you'll receive a diagnosis, treatment plan and prescription (if needed) within three hours for weekday e-visits between 8 a.m. and 3 p.m. For e-visits any other time, you will receive a response by 10 a.m. the next business day.

If your condition cannot be treated in an e-visit, you will receive a request to visit your primary care provider or Urgent Care. In that case you will not be charged for the e-visit.

The cost for an e-visit is just \$40. If you're covered by Quartz insurance, part of this fee may be covered—check with your plan administrator for details.