JACKSON COUNTY DHHS

2019 ANNUAL REPORT

MEET THE TEAM

DHHS Board Members:

L-R: Grady Gutknecht, Roger Stevens, Michelle Greendeer-Rave, Ron Carney, Thomas Clark

Michelle Clark-Forsting

Terri Boardman

Curtis Redbird

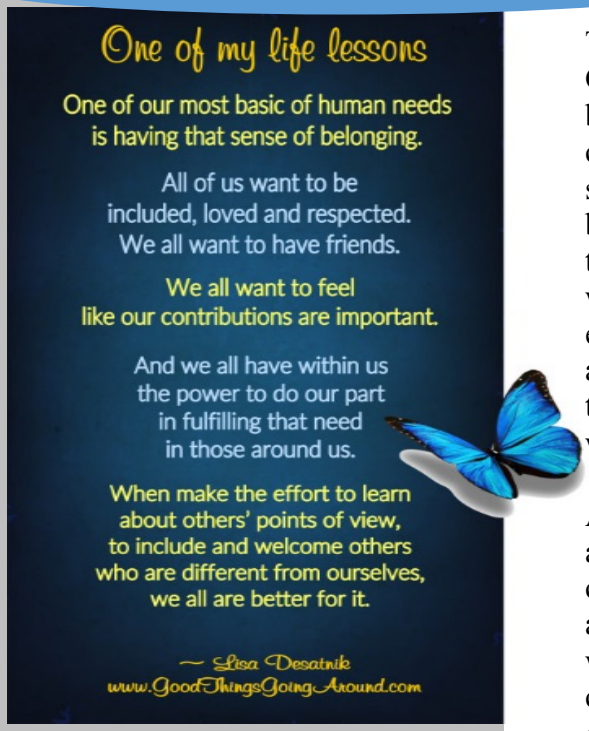
Lori Chown

DHHS RECOGNITIONS FOR YEARS OF SERVICE:

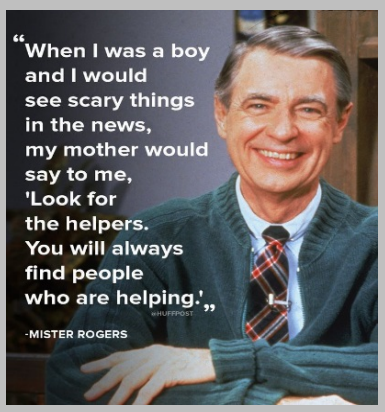
Those recognized for years of service:

* Cindy Altman, 5 years
* Shan Rose, 5 years
* Dana Johnson, 5 years
* Janice Hancock, 10 years
* Kristi Hanson, 20 years
* Mary Valentino, 25 years
* Julie Olson, 40 years

A MESSAGE FROM THE DIRECTOR



Christine Hovell
DHHS Director



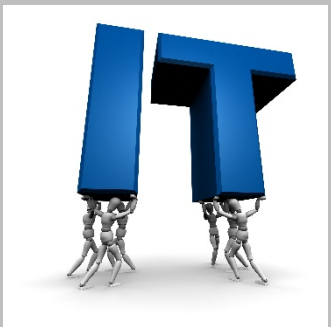
This year, like most years, has been a busy and chaotic year. Construction began on an expansion to the DHHS building beginning in January 2019, and as this is written is near completion. HVAC and security measures, such as a new fire alarm system were added. This caused nearly every part of the DHHS building to be in disarray and the patience of clients and staff to be tested, however, Simmons Construction and Winona HVAC crew were helpful and fantastic to work with, which made the chaos a bit easier. In October, the Behavioral Health Division was moved into a newly expanded area. We have been very excited to see part of this expansion come to fruition due to the need for more room within the building.

Additional staff were added within Behavioral Health to meet added state requirements, and to meet the needs for high risk children and families Family and Children's Center (FCC) was also contracted through Jackson County due to changes in contracts within La Crosse County. This new contract with FCC was completed in order to provide services for clients who were in need of community services due to mental health needs and has been a positive addition within the Behavioral Health Unit.

Needs for services, such as aging Seniors, Juveniles and other populations of clients DHHS serves, has continued to grow; however, we continue to note that there is a decreasing workforce that has hindered hiring at DHHS. We continue to collaborate with staff, the DHHS Board, County Board and other agencies to come up with creative solutions to workforce shortages and turnover amongst staff.

Finally, here at DHHS, we continue to be blessed to have so many incredible helpers. This annual report is a testament to not only the number of persons here at DHHS who assist clients, but a testament to the commitment, passion and compassion of those who work here, and those we collaborate within the community. We truly strive to help our fellow humans, sometimes on their worst days. I have personally witnessed the difference that some of our incredible helpers have provided to those in need! Once again, I just want to take the time to say *thanks* to everyone at DHHS, as well as our Board of Supervisors, and all those agencies and entities we work with, for all of their hard work and their dedication to their job and humanity. Together we all do make a difference!

INSIDE IT



Zach started his career with DHHS in April 2019.

Accomplishments:

- Conference Room TV system
- Copiers
- Interview Room System
- MaaS360 Mobile Device Management Solution Implemented
- Majority of agency cell phones replaced/upgraded
- On-Site File/Print Server
- Printing MyQ System
- Reorganized File System

18 New Hire Setups/Orientations
12 Existing Computer Replacements

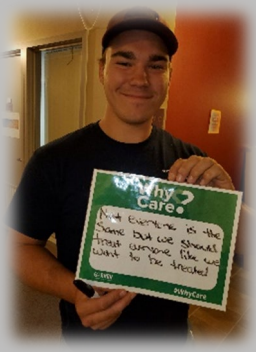
Admin Team:

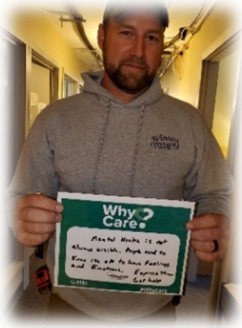
Brooke Studebaker
Administrative Assistant - Confidential

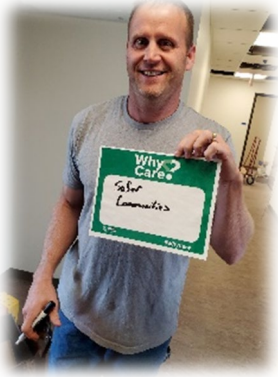
Zach Mercer
IT Technician

DHHS HAPPENINGS

DHHS EXPANSION/REMODEL







SAFETY & SECURITY COMMITTEE

Members:

* Christina Baurichter
* Danielle Fischer
* Lynn Gates
* Chris Hovell
* Danielle Johnson
* Penny Nicolai
* Kristina Page
* Richard Poff
* Tammy Pozega
* Kathy Rumsey
* Sandra Storandt
* Rachel Sullivan
* Pam Taylor
* Dan Williams

- Lobby Remodel
- Drills
  - Impact of drills/traumatize clients, frequency
- Communications during emergencies
  - Automated announcements, can't hear PA system in all offices
- Fire/smoke alarms
- First aide equipment awareness/training
- Home visit safety
  - Check in/out, protocols
- Panic alarms in building
- Physical barricade doors
  - Identified after active shooting drill
- Office layout
- P&P's
- Training
  - De-Escalation training; verbal and physical; CPR/AED certifications, first aide
- Safety orientation
  - Equipment location, rally points, etc.

SUNSHINE COMMITTEE

Members:

* Laurie Goetzka
* Megan Hovre
* Carrie Macias
* Megan McCormick
* Carly McPeak
* Cassie Pralle
* Chelsea Stenulson
* Brooke Studebaker
* Holly Waldera
* Emma Windsor

Sunshine Committee supplies the new employee gifts and sponsors the $1 jeans day each month!

January: All County Meeting
February: Wear pink/red day, heart cookies
March: Chip day & wear green day
April: "Lets Taco bout it" Taco Bar
May: Strawberry shortcake day
June: Cookout; national donut day
July: National blueberry day
August: Random act of kindness began, kindness rocks, sandwich pot luck
September: Employee of the week parking began, basket raffle, tailgate party, created P&P for jeans day, potlucks, and specialty days
October: Halloween party, spooky snacks, games, gift card giveaway, costume contest, construction hats with candy
November: Parfait day
December: Jeans month, secret Santa, dress up week

ADS

STAFF:

* Angie Shafer, ADS Manager
* Ellen Barum, ADRC Professional
* Lynette Gates, ADS Community Support Program Coordinator
* Pam Johnson, Elder Benefit Specialist
* Megan McCormick, Program Assistant
* Ryan McDowell, APS Professional
* Rowena Nelson, ADRC Professional
* Emily Reitz, ADRC Professional
* Mary Valentino, Disability Benefit Specialist
* Rodney Vetterkind, Mini Bus/Van Driver
* Richard Waller, Mini-Bus/Van Driver

What We Do

In 2019, the Aging and Disability Services (ADS) Division participated and partnered with, multiple Jackson County agencies and programs to hold community outreaches throughout the year. These include, but are not limited to: Jackson County Fair, Women in History, Volunteer Appreciation Luncheon, Diabetes Health Fair, Planning and Listening Sessions, AARP Tax Clinics, and the Food Pantry.

Other programs the ADS is involved in include: The local Salvation Army, Goodwill, Kwik Trip Food Vouchers, the local area Food Shelf, Project Christmas, Wisconsin Counties Association Human Services Day at the Capitol, public service announcements on Summer Heat and Winter Weather issues, various other community speaking engagements as requested, a monthly County Committee on Transition (CCoT) meeting for youth transitioning into adulthood, and a quarterly interdisciplinary team (I-Team) meeting with community partners, agencies, and organizations.

Adult Protective Services

Wisconsin Statutes §46.90 (Elder Abuse Reporting System), Chapter 54 (Guardianships and Conservatorships), and Chapter 55 (Protective Service System) define adult protective systems in Wisconsin. The Chapter 55 Manual) provides more information on the statutes governing and adult protective services systems.

Adult Protective Services (APS) are any services, that when provided to an individual with developmental disabilities, degenerative brain disorder, serious and persistent mental illness, or other like incapacity, keep the individual safe from abuse, neglect, or financial exploitation, prevent the individual from experiencing deterioration or stop the individual from inflicting harm on oneself or another person. (Wis. Stat. §55.01(6r)).

The terms **adult protective services agency** and **adult protective services system** are used to referring to the agency or agencies to which the county has assigned responsibility under Wis. Stat. §55.02 for planning and carrying out the county's protective services responsibility.

APS exists to assist elder adults, and Adults-at-Risk, who have been abused, neglected, or exploited. Adhering to Wisconsin State Statutes as listed above, APS workers coordinate with the court, Jackson County Corporation Counsel, law enforcement agencies, guardians, families, and concerned community members, to see that these persons get the care and/or services needed. Assistance is provided in the least restrictive setting possible. Progress and continued needs of the wards are annually reviewed. The courts can order guardianship and/or protective placement and/or protective services for adults who are unable to make appropriate decisions for themselves and require protection.

Signing of Proclamation- World Elder Abuse Day 2019

Managed 50 Watts Cases

In 2019, there were a total of *130* new referrals compared to 81 in 2018. Of these 121 were screened in and investigated for elder abuse and adult-at-risk abuse and /or neglect investigations compared to the 75 in 2018.

Of the 121 investigated cases:
51 were aged 18-59
71 were aged 60+

Types of reports received include, but are not limited to: emotional, physical, sexual, financial exploitation and self-neglect.

Wisconsin Home Energy

The Wisconsin Home Energy Assistance Program (WHEAP) assists with heating costs, electric costs, and energy crises. Operating with federal and state funding, the program assists households across the state to help lower the burden incurred with monthly energy costs.

Most types of fuel are eligible to receive assistance. Whether you use wood, propane, natural gas, electricity, or fuel oil to heat your home, energy assistance is available if you qualify

The 2019 WHEAP was a successful year for Jackson County. For the 2019 Federal Fiscal Year, which runs from October 1 2019 through September 30 2019, Jackson County ADS processed **910** household applications for WHEAP assistance.

Of the **910** household applications that were processed**, 852** received an energy assistance benefit and overall provided a total benefit of **$491,309.**

In addition, **113** households received crisis assistance, for a total benefit of **$29,497**; 31 households received either heating unit repairs or replacements, for a total benefit of **$67,687.**

Overall, WHEAP provided a total benefit of $**588,493** through energy assistance, crisis assistance, and heating unit repair or replacement.

Aging and Disability Resource Center of Jackson County

Mission Statement:

Provide Older Adults and people with physical or intellectual/developmental disabilities the resources needed to live with dignity and security, and achieve maximum independence and quality of life. The goal of the ADRC is to empower individuals to make informed choices, and to streamline access to the right and appropriate services and supports.

ADRCs are the first place to go to get accurate, unbiased information on all aspects of life-related to aging or living with a disability. The goal is to help individuals maintain their independence by connecting them with the right resources. The general public can call the ADRC, which is a single source for information and assistance on issues affecting older people and people with disabilities, regardless of their income. ADRC's are a welcoming and convenient location for individuals and their families to get information, advice, and access to a variety of services.

In 2019, the ADRC of Jackson County had *2,758* contacts (710 unduplicated contacts) seeking information and assistance. This number of contacts does not include the number of people at outreach events.

Below is a breakdown of the contacts:

Agency/Service Provider	734
Caregiver	85
Self-Incoming	792
Legal Decision Maker	146
Relative/Friend/Neighbor	443
Other	9
Outgoing	549
	Total: 2,758

Aging and Disability Resource Center Advisory Committee

(Left to Right: Back Row: Michelle Greendeer-Rave, Cheryl Padula, Elias Shamieh, Randy Bjerke; Left to Right: Front Row: Deb DeGroot, Judy Shepard, Sarah Larkin, Karen Foust)

Milk Moola

Information and Assistance and Options Counseling

Information & Assistance (I & A) is a core service of an aging and disability resource center (ADRC). Staff at ADRCs assist older adults and adults with disabilities to determine their needs and consider what services and programs that are available in their area to meet their specific needs. Information about services and programs is contained in the ADRC resource database. Staff search the database to identify specific services and supports and tailor information that best reflects the person's situation and preferences.

Long-term care options counseling is an extension of the I&A process. This service is focused on consumer education and is often provided when an individual is planning for or currently experiencing a life change. These life changes may include surviving a traumatic event such as a car accident, a medical event such as a stroke or the transition from school-based services to programs for adults with disabilities.

Options counseling is a decision-support process whereby consumers are assisted to evaluate and weigh their long-term care service options. Examples of decision support include assistance in evaluating housing options, assistance sorting through home care and personal care options, as well as helping a person decide to move or stay in their current residence. To be effective in providing this service, it is important to take the time needed to fully understand each individual's strengths, and preferences as well as needs. To ensure continuity in service delivery, options counseling is provided by the same staff that began the discussion with the individual.

Options Counselors take the time that is needed to establish a personal rapport, explain the role of the ADRC, and how they will work in collaboration with the person to understand all of the individual's concerns and be able to offer potential resources and solutions that the individual will choose as their next steps. They will also provide:

- Information about the choices you have when making decisions about where to live, what kind of help you need, where to receive that care and help, and how to pay for it.
- One-on-one consultation to help you think through the pros and cons of the various options in light of your situation, values, resources, and preferences.
- Information about Wisconsin's long-term care programs and help connect you to resources in your area.

ELDER BENEFIT SPECIALIST: "THE RED TAPE CUTTERS"

Elder Benefits Specialist (EBS) program assists individuals 60 or older, obtain or maintain public and/or private benefits. At least one EBS is serving each of Wisconsin's 72 counties and 11 Native American Tribes. All EBS' receive ongoing training and supervision by Wisconsin Elder Law attorneys. Older persons in need of legal representation regarding their benefits may also request the assistance of the Elder Law attorneys.

The EBS program is supported by both State and Federal funding. Funding is also available through the State Health Insurance Program (SHIP). There is never a charge for any of the services; however, all donations are accepted. All donations received are used to expand senior programs. Services are never denied or limited based on the inability to contribute.

2019 Federal Fiscal Year, Monetary impact for Jackson County:

Federal: $972,711

State: $486,131

Other: $48,772

Total: $1,507,614

The monetary impact reflects the value of benefits and/or services that are obtained and/or maintained for a client. These figures also exhibit monies that are saved or recovered for a client, with the help of a benefits specialist.

510 total clients served

Disability Benefits Specialist

Disability Benefits Specialists (DBS) assist individuals with disabilities, ages 18-59, understand and access Social Security Medicaid, Medicare, health insurance and other public and private benefits. This assistance helps consumers avoid errors by explaining benefits eligibility criteria, appeal options, and deadlines; filling out paperwork; gathering documents; and helping to find legal representation for those who need it. DBS is available at ADRCs statewide.

Disability Rights in Wisconsin provides ongoing training, technical assistance, and case oversight to all disability benefits specialists. A staff of eight program attorneys, one training coordinator, and one managing attorney are employed under contract with the department.

2019 Federal Fiscal Year, Monetary impact for Jackson County:

Federal:	**$1,106,831**
State:	**$164,755**
Other:	**$522**
Total:	**$1,272,108**

121 total clients served

Youth Transition

Completing high school is a very important time for students. This is especially true for students with disabilities as they move from high school to adult life. Services provided at the ADRC include but are not limited to:

- Helping to apply for benefits or dealing with a denial of benefits
- Disability benefits counseling
- Information and access to publicly funded long-term care options if eligible.
- ADRC services can be provided in person, via telephone, or through a home visit.

Senior Nutrition Program

Jackson County's Elderly Nutrition Program offers tasty, nutritious meals to anyone aged 60 and older. Each meal provides at least one-third of the daily amounts of nutrients needed to promote good health. Participants are provided with an opportunity to donate toward the cost of the meal, but no one (aged 60 or older) will be denied a meal regardless of their ability to contribute.

(Meal Site Managers: Pictured: Left to Right, Lyn Gates, Shan Rose, Janice Hancock, Sandra Danes, Pam Johnson. Judie Hale)

2019 Annual Nutrition Meals Provided:	
Number of Home Delivered Meals:	15,756
Number of Congregate Meals:	19,148
Total Meals Served:	34,904

Home Delivered Meals (HDM's), often referred to as Meals on Wheels, are for people aged 60 and older, who cannot get to a meal site, and who meet certain eligibility requirements? The HDM drivers bring freshly prepared meals to recipients' residence. In addition to the meal, each delivery also provides a wellness check.

Transportation

The ADRC provides three transportation service programs for Jackson County residents: The mini-bus/van, the volunteer driver service, and gas vouchers. The mini-bus/van, as well as the volunteer driver service, provides safe, reliable, and affordable transportation for senior and disabled community members.

Individuals who have Medicaid/Medical Assistance (MA) are not eligible to use the volunteer driver service for medical appointments, as this service is available through their MA benefits. The gas vouchers are provided to seniors or persons with disabilities, who need assistance to transport themselves to medical appointments. In 2018, there were 20 gas cards purchased for clients valued at $20 each.

The ADRC has one mini-bus and two mini-vans. The mini-bus is capable of providing transportation for 12 ambulatory passengers and two non-ambulatory (wheelchair) passengers.

One mini-van is capable of providing transportation to 7 passengers including the driver. The other mini-van can transport 4 ambulatory passengers including the driver and/or 2 ambulatory and 2 non-ambulatory (wheelchair) passengers.

Volunteers donate their time for the volunteer driver program.

The ADRC continues to partner with Interfaith Volunteer Caregivers and Friends Sharing Food, in transporting residents of the city of Black River Falls to and from the monthly food pantry. On occasion, the mini-bus was made available in support of community partners to transport their residents during the Holiday season, and on other occasions, if available.

Annual Transportation Updates 2019:

Program:	One Way Trips:	Miles Driven:	Hours on Road:
Mini-Bus/Van	6,388	18,345	1115.75
Volunteer Driver	729	40,487	1785.5
Totals:	7,117	58,843	2901.25

National Family Caregiver Support Program (NFCSP) & Alzheimer's Family Caregiver Support Program (AFCSP)

NFCSP provides services and supports that help family members and informal caregivers, such as a neighbor or friend, care for older adults at home. The NFCSP is available to any person providing care to an adult age 60+. The program prioritizes services to low-income families and older adults with dementia, but one does not have to be low-income or have dementia to participate in this program.

This program offers:

- Information about available services.
- Assistance with gaining access to services.
- Individual counseling to deal with depression and stress.
- Caregiver support groups.
- Training on providing safe and proper in-home care.
- Temporary respite services, such as help with bathing, home repairs, snow removal or emergency in-home care.
- Supplemental services, such as help making minor home modifications or providing adaptive equipment that allows a person to remain living safely at home.

AFSCP is similar to the NFCSP explained above, but only serves people with a diagnosis of *Alzheimer's Disease or dementia.*

To be eligible for AFCSP, the care receiver must meet three criteria:

1. Have a diagnosis of Alzheimer's Disease or other dementia
2. Reside in a community or home setting (not a facility)
3. Have an income of $48,000 or less (person and spouse)

Typical goods and services that can be provided through the AFCSP include:

- Respite care or household services.
- Emergency response and home safety/alarm systems.
- Home safety modification.
- Specialized clothing for people with dementia.
- Activities or hobby supplies.
- Legal expenses related to establishing guardianship.
- Caregiver counseling services.
- Caregiver education classes.
- Emergency housing and energy assistance.

In 2019, NFCSP and AFCSP programs combined to serve 12 Jackson County citizens and their respective caregivers.

Caregiver Resources

In 2019, Jackson County helped establish the first dementia caregiver support resource group. In partnership with Interfaith Caregivers, this group meets the first Tuesday of the month at Jackson County DHHS located at 421 County Rd R, Black River Falls WI.

Jackson County ADRC actively partners with Interfaith Volunteer Caregivers to ensure the "Time for You" program meets the needs of community members experiencing memory loss and provides respite for caregivers.

time for you
RESPITE PROGRAM

Respite Program

The Time for You Respite Program is coordinated by Interfaith and housed at Family Worship Assembly, to provide stimulating activities for those experiencing memory loss, valuable resources for family members, and a few hours of respite for caregivers.

- Participants and caregivers call Interfaith at 715-284-7058 to schedule an assessment prior to enrollment.
- To ensure a ratio of one staff/volunteer per two participants, weekly registration for the program is necessary.
- Time For You operates 11:30 a.m. to 3:30 p.m., on Tuesdays and Thursdays, at the Family Worship Assembly Church, 740 Alder Street, Black River Falls.
- The program is staffed by a Program Coordinator and caring volunteers, specially trained in the needs of people experiencing memory loss.
- Program activities will include stimulating games, music, physical therapy, mindfulness, senior yoga, craft projects, and much more.
- A light lunch will be provided.
- There is a $10 a day recommended participation fee. This fee will not cover the cost of the program, so donations are greatly appreciated.

NEWSLETTER/MARKETING/OUTREACH WITH SIXTY FORWARD

Sixty Forward is a quarterly publication distributed in January, April, July, and October each year. The ADRC, in coordination with the Banner Journal, distributes over 8000 copies within the Jackson County community.

The success of the ***Sixty Forward*** is in part due to our community partners, including Black River Memorial Hospital, Bolton Refuge House, Interfaith Volunteer Caregivers, The Hub at Lunda Community Center, Jackson County Public Health, Veterans Service Office, Jackson County Historical Society, Black River Falls Library, and the Jackson County UW-Extension, and other community businesses that purchase advertisement space.

JACKSON COUNTY

Sixty Forward

ADRC Aging & Disability Resource Center of Jackson County

"Not just for Seniors"
A resource for seniors, families and caregivers.

VOL. 8 - ISSUE: 1
JANUARY 20, 2020

Women In History Nominations now being accepted

Since 1996, Jackson County has celebrated Women In History. The purpose of the Women In History is to recognize and honor the achievements of women in Jackson County. Women are nominated by individuals or agencies for making a difference in our community. If you know someone who meets the following criteria, please consider nominating them to become one of this year's Jackson County's Women In History.

Nominees should:

Be residents of Jackson County.

Be at least 60 years or older.

Contributes to activities that make a difference in Jackson County.

Makes a difference in someone's life.

Volunteers their time and talent to benefit the community.

Nomination forms can be picked up at Jackson County Department of Health and Human Services (JCDHHS), Interfaith Volunteer Caregivers (Interfaith) or the Jackson County Sheriff's Department (JCSD) or call Interfaith at 715-284-7058 to have one mailed.

Nominations must be submitted no later than Jan. 31, 2020, and should be mailed to Women In History, PO Box 354, Black River Falls, WI 54615.

The 2020 winners will be announced at an awards ceremony on March 10, 2020. Past recipients and community members are invited to join us for the Induction Ceremony celebrating this year's recipients.

Jackson County Women In History is coordinated by JCDHHS, Black River Memorial Hospital, JCSD and Interfaith.

Tax Preparation Offered

SENIOR SMILES

How does the health of your teeth effect your nutrition?

Join us on Wednesday, February 05, 2020
10:00am at The HUB

Dr. Walters (Community Dental) and Dr Yang (Marshfield Clinic) will discuss dental health. Ruth Chipps (Black River Memorial Hospital) will discuss ways to modify your diet due to dental issues but keeping your diet healthy

Following this presentation:

*Dentists will be available for individual "chair chats"

*Information Booths from: ADRC of Jackson County, Public Health of Jackson County, Community Dental, Marshfield Clinic and

Happenings throughout the year!

Advocacy Days at the Capitol

DHHS Halloween Contest Winners

ADRC Open House

BEHAVIORAL HEALTH

Staff:

* Jessica Andre, BH Manager
* Tristine Bauman, SW II - CCS
* Ashley Bryan, Substance Abuse Counselor
* Becca Handler, SW II – CCS/CLTS/CST
* Dana Johnson, SW II – CCS/CLTS/CST
* Kate Kaiser, SW I – CCS
* Stephanie Kennedy, SW II – Crisis/CM
* Carly McPeak, BH Program Aide
* Lori Mohring, MHP/Clinic Coordinator – CCS/Clinic
* Thomas Reitz, SW I – CCS/CLTS/CST
* Angie Ring, SW I – IDP/CM
* Nicole Sobkowiak, Clinical Therapist
* Pam Taylor, BH Specialist
* Michaela Thomas, LTE SW I – CCS/CLTS/CST

Those who left:

* Jenny Ward, SW I – CCS/CLTS/CST
* Karla Gearing, SW II – IDP/CM

2019 was a year of transition and changes for the Behavioral Health Division! One only needs to read a paper or follow the news to know that mental health and addiction concerns continue to rise across the country and right here in Jackson County. The Behavioral Health Division improved its capacity to meet the increased demand for services by adding program staff, reorganizing the divisional structure. Specifically, a Children's Supportive Services Supervisor position was added, supervisory duties were added to the Mental Health Professional/Clinic Coordinator position, a Behavioral Health Specialist position was added, and the Clinical Therapist and Substance Abuse Counselor I/II positions were filled. In addition to the new staff positions, the division moved into a newly added wing of the DHHS building. The new accommodations will allow for more efficient delivery of services with a new entrance and front desk specific for Behavioral Health services.

The Behavioral Health team also focused on increasing outreach activities within the community to raise awareness of mental health services available to Jackson county residents, increase cooperation and collaboration with partner agencies and schools, and reduce the stigma that still prevents some individuals from seeking the services they need to address their mental health and substance use. Continue reading for more details on the specific services provided, accomplishments achieved during 2019, and goals for 2020!

WRIC Partnership

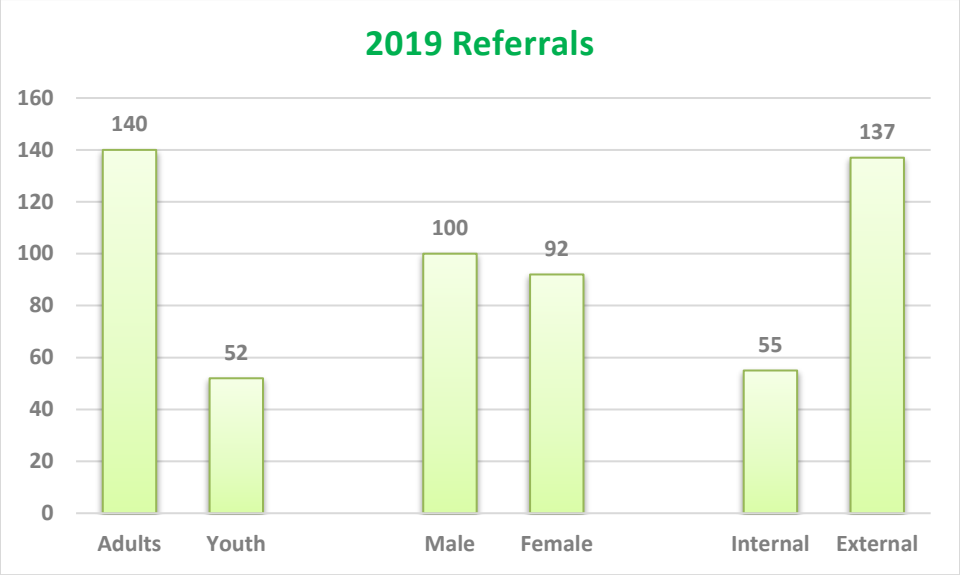
The Behavioral Health Division continues to work with the Western Region Integrated Care (WRIC) partnering counties, a three-county consortium created in 2013 under a grant from the Wisconsin Department of Health Services. The consortium is a partnership between Jackson, La Crosse, and Monroe counties. The goal of WRIC is to improve the delivery of services to individuals needing mental health or substance use-related services. The consortium allows for better coordination of services, a more integrated system, and streamlined processes to better serve individuals needing services. CCS and CSP were two programs that were operated under the consortium in 2019 and consultation/collaboration are provided for others.

Referral Activity

In 2018, the Behavioral Health Division created and implemented a new Referral and Intake process to streamline the process and ensure individuals are contacted and informed about appropriate services promptly. As a result, 2019 is the first year that we can report referral activity for an entire year. In 2019, the Behavioral Health Division tracked 192 referrals. Fifty-five of these were internal referrals for additional services, meaning the client was already being served within a program but may benefit from other programs or services.

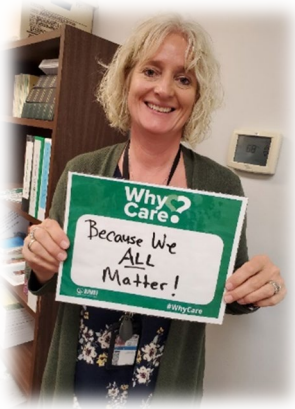
For example, individuals working with the IDP or Crisis Program may be referred to the clinic or CCS. There were 137 referrals from various community agencies, other DHHS

Departments, schools, family members or self-referrals. The majority of referrals were for adults needing services (140), while referrals for youth needing services totaled 52 in 2019. It should be noted that families can contact Compass Wisconsin directly to refer a youth for CLTS. Compass completed a functional screen and then the State of Wisconsin will send a referral to Behavioral Health if they are found to be functionally eligible for the program. These incoming referrals were not counted in the totals as Behavioral Health did not process initially.



Children's Long-Term Support (CLTS)

CLTS serves children with mental health, physical, and/or developmental disability. The family works with a Support and Services Coordinator to develop a service plan to meet the needs of the child. Services may include, but are not limited to:



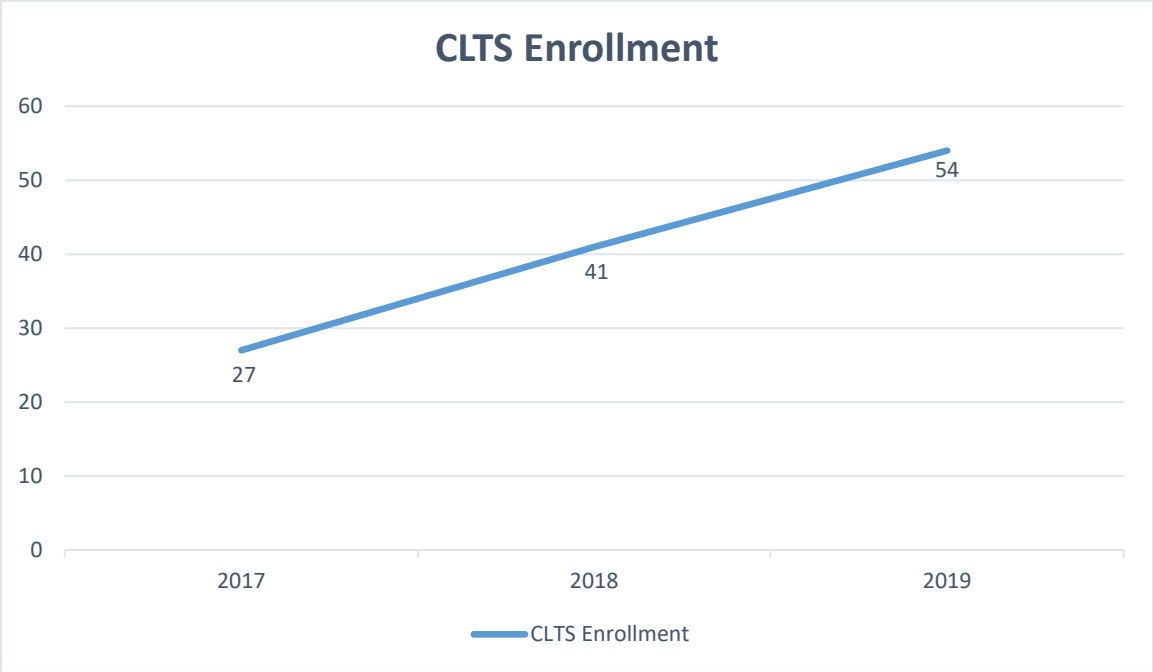
- Adaptive Aids
- Daily Living Skills Training
- Respite
- Home Modifications
- Mentoring
- Counseling & Therapeutic Services
- Specialized Medical & Therapeutic Supplies
- Consumer Education & Training

CLTS is often combined with the Children's Community Options Program (CCOP) to maximize service opportunities and better meet the needs of the child.

In 2019, 54 youth were served within the CLTS program including 16 new enrollees. 7 individuals were successfully discharged from the program. Due to the high number of youths needing services, the staff has been cross-trained so when appropriate, youth can be dually

enrolled in multiple programs, including CLTS, CCS, and CST. This year, 11 youth were dually enrolled in CLTS and CCS. As a result, the staff was able to maximize resources while maintaining continuity of care to those being served.

As a result of new policies and procedures the State began implementing in 2018, staff spent a significant amount of time in 2019 working on implementing changes in processes to ensure adherence to the State's requirements. New requirements impacted several areas of the CLTS program operations including a new online Provider Directory format, additional signature requirements, and a new rate system. Significant progress has been made but additional work needs to be done in the upcoming year.



Children's Community Options Program (CCOP)

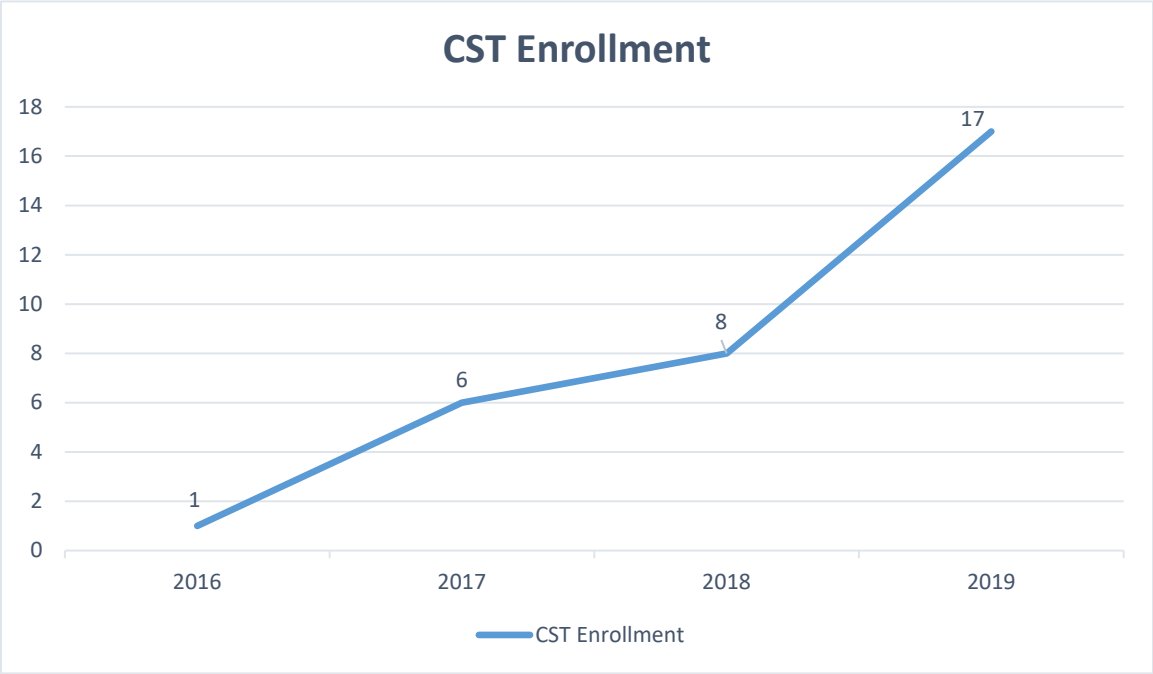
Jackson County's Children's Community Options Program provides a coordinated approach to supporting families who have a child with a disability. The program is designed to support, nurture, and facilitate self-determination, interdependence, and inclusion in all facets of community life for the child and family. Our professional staff assists families in identifying goals, prioritizing and implementing strategies that are flexible, coordinated, and effective to meet the family's desired outcomes.

CCOP funds may be used to supplement client needs that could not be met within the other children's programs operated within the Behavioral Health Division. In 2019, all children served utilizing CCOP funding were also enrolled in CLTS.

Coordinated Services Team (CST)

CST is a resource for families who have children with multiple, often serious needs. Facilitated by a CST Coordinator, this strength-based process is a way for families to "team-up" with community members and agencies who will support their efforts to develop a strength-based plan to help their child achieve the best possible outcomes to live a happy and fulfilling life. CST team members provide support and encouragement to the child/family as they identify and develop their goals. Members of the "team" are chosen by the youth and may include: CST Coordinator, Mental Health Professional, Service Providers, and other individuals (family, friends, teachers, etc.) that the youth wishes to include for advocacy and support.

Seventeen youth received services through the CST program during 2019; four of these were new enrollees and five were also dually enrolled in the CCS program to maximize resources. There were no discharges from the program during the year.



As in previous years, CST staff, 1 Coordinating Committee member. and1 CST family were able to attend the Children Come First Conference held in Wisconsin Dells in November. This is a great opportunity for staff and families to network and attend workshops to enhance their involvement with CST.

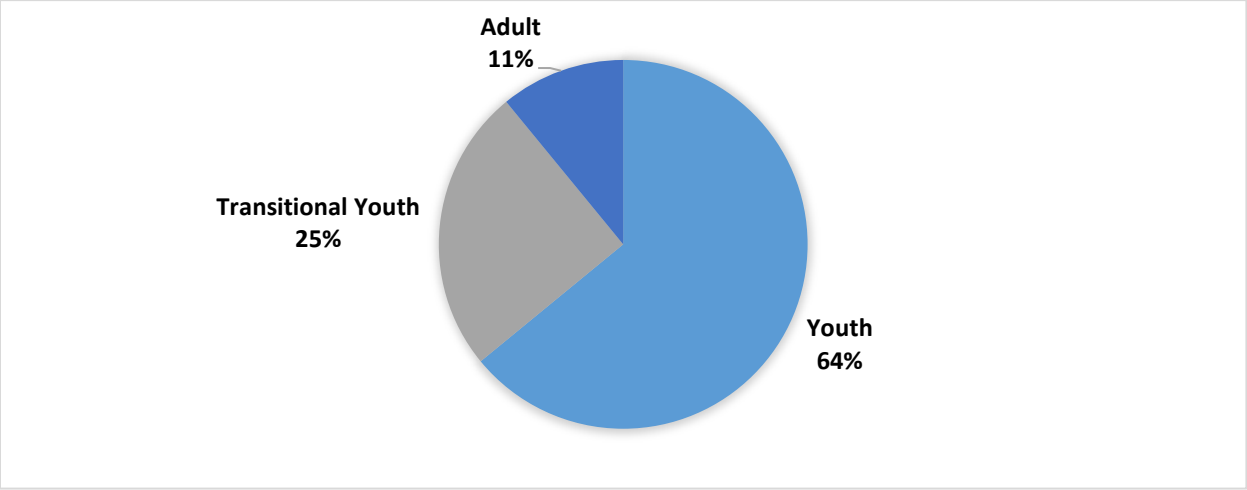
Outreach was an area of focus in 2019 for CST staff. Over 38 Outreach activities were completed with partner agencies, local businesses and all schools within Jackson county. These outreach activities are designed to increase awareness of services available so referrals can be made to allow for early intervention before more intensive services are needed. All of our program goals and objectives provided to the State of Wisconsin were met in 2019. Goals included the CST Coordinating Committee having diverse representation, facilitating public education and awareness of issues and programs for children who are involved in 2 or more

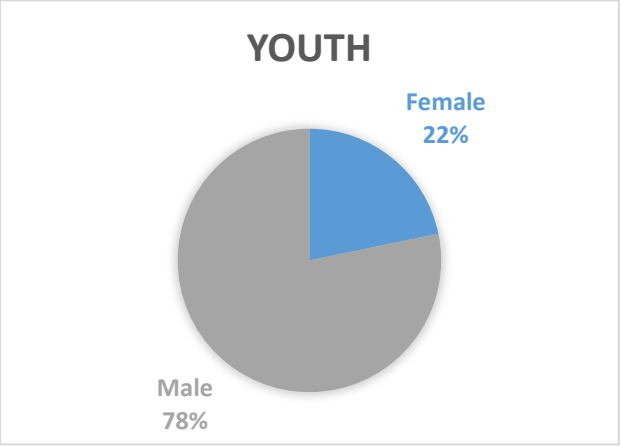
systems of care and their families, strengthening relationships with community providers to assist in reaching potential CST children/families and assist in meeting the needs of enrolled children/families, and evaluating effectiveness of the program and 2019 work plan.

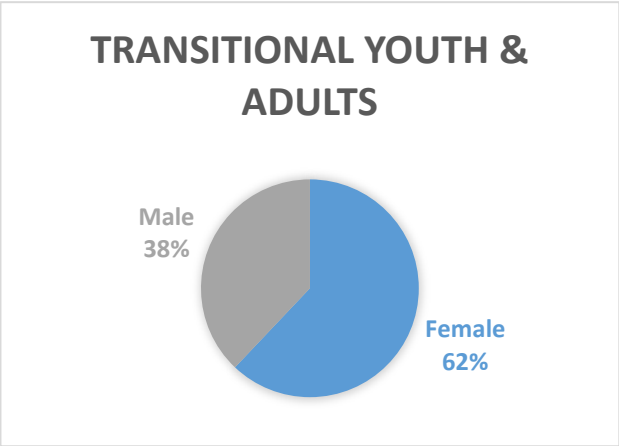
Comprehensive Community Services (CCS)

The CCS program provides adults and youth of Jackson County a vast array of services related to mental health and/or substance use disorders. Individuals work with a dedicated team of professionals to develop a recovery plan designed to meet each individual's needs and goals to improve their quality of life. The goal of this service facilitation model is to promote better overall health and life satisfaction for each individual. Individual assessments help identify services needed. Services that are provided within CCS include, but are not limited to Individual Skill Development and Education, Wellness, Peer Support, Therapy, Substance Use Services, Diagnostic Evaluations, Medication Management, Employment-Related Skill Training, Psychoeducation, and others based on individual needs.

In 2019, 52 clients were served within the CCS program, including 23 youth, 4 transitional youth (youth who turned 18 during the year), and 25 adults. Out of the 29 adults and transitional youth, 18 were female and 11 were male. Of the 23 youth, 5 were female and 18 were male. Of these 52 served, 21 were newly admitted, 13 youth and 8 adults. 9 individuals were discharged, 2 youth and 7 adults. 6 clients served in CCS were in a residential placement during some part of 2019 with their room and board charges covered by Jackson County and their services funded by CCS/Medicaid.







Community Support Program (CSP)

The Community Support Program is available for adult residents of Jackson County who are living with serious and persistent mental health illness. The CSP Program is contracted through the Family & Children Center (FCC). Staff is available to provide a wide range of services to meet the unique personal needs of each individual, along with intensive case management services. A team approach is used and generally, the CSP team includes a Case Manager, Clinical Coordinator, Prescriber, Nurse, Therapist, etc. Services are designed to reduce symptoms and promote recovery. Depending upon each individual's needs, services range from minimal to intensive.

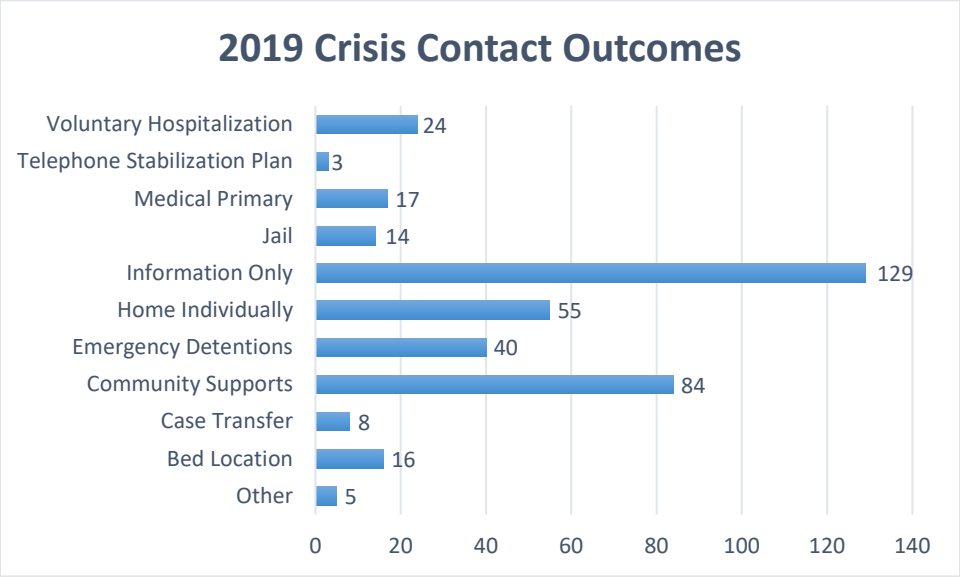
Jackson County's CSP program continues to be contracted through the Family & Children's Center (FCC) within the WRIC Consortium. In 2019 the following clients we served by CSP: 9 Jackson County clients 4 Family Care clients, and 1 client who was funded by Jackson County and Family Care at different times.

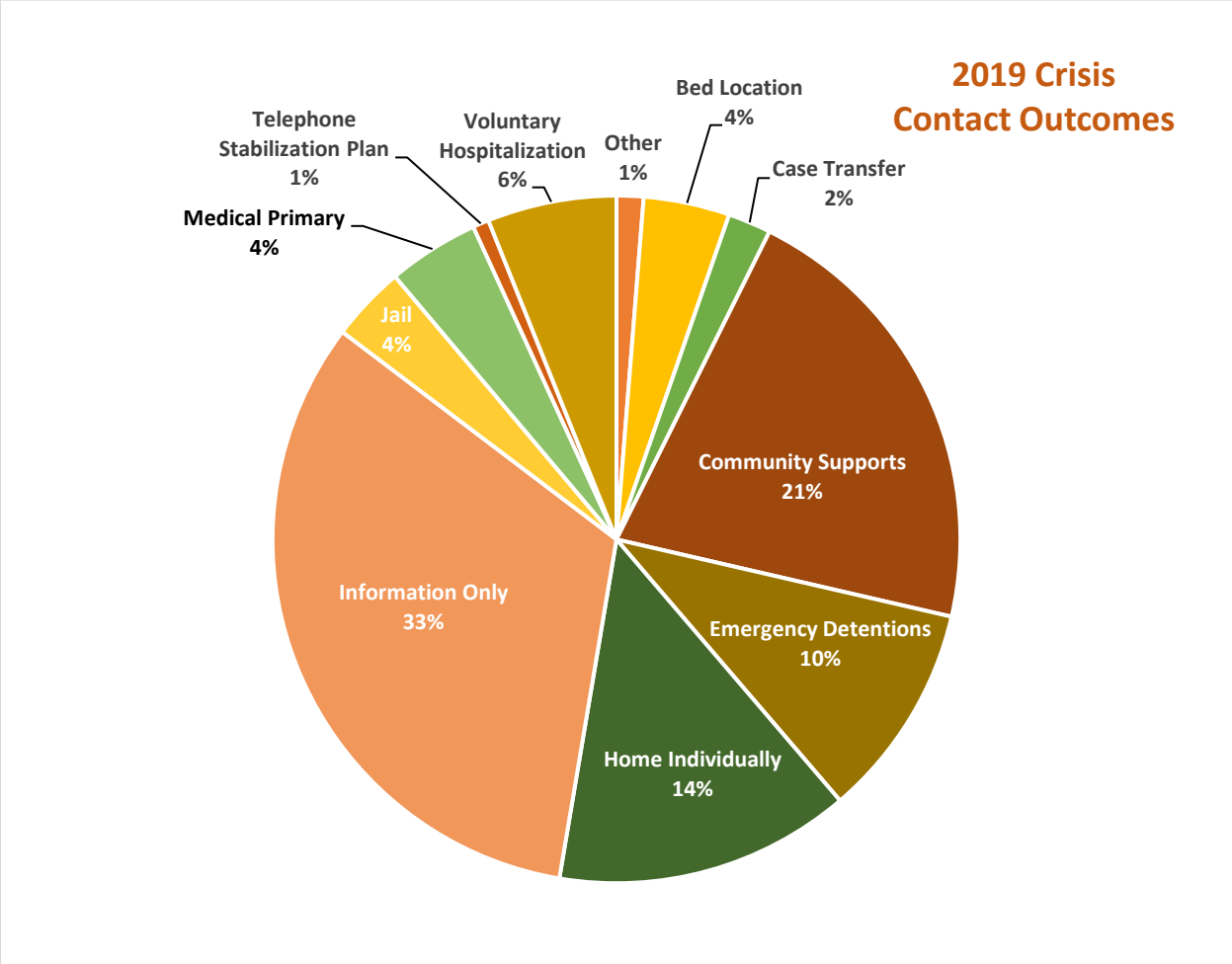
Certified Crisis Program

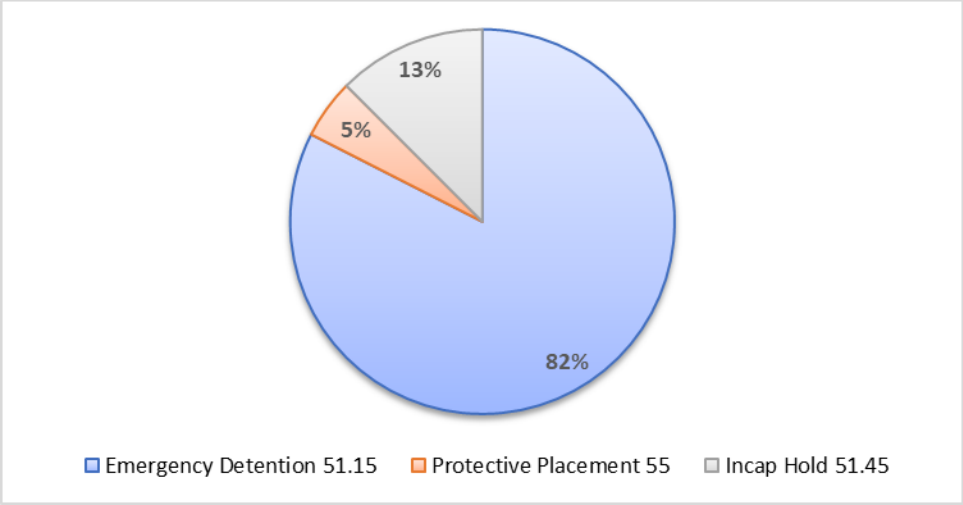
Trained Crisis Intervention Professionals are available 24 hours - 7 days a week for individuals experiencing a mental health or substance use crisis. Face to face and/or telephone response is provided in collaboration with Northwest Connections.

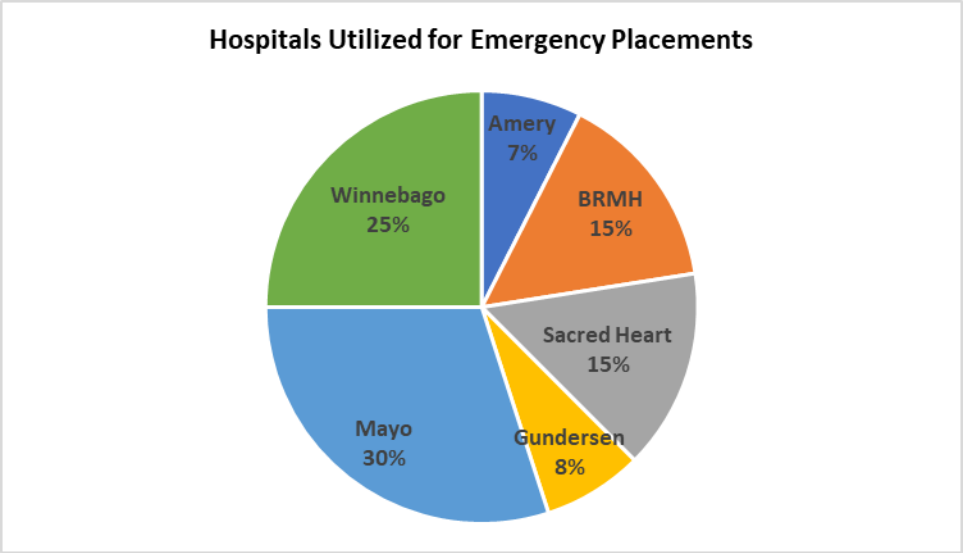
Jackson County continues to contract with Northwest Connections to provide a 24/7 crisis telephone line and mobile crisis 7 days per week from 4:30 p.m. to 12:30 a.m. Behavioral Health staff who are trained in crisis also provide walk-in services and mobile response Monday through Friday during business hours. In addition to the primary crisis Social Worker, all professional Behavioral Health staff are trained in crisis to provide back-up crisis services and to assist as needed.

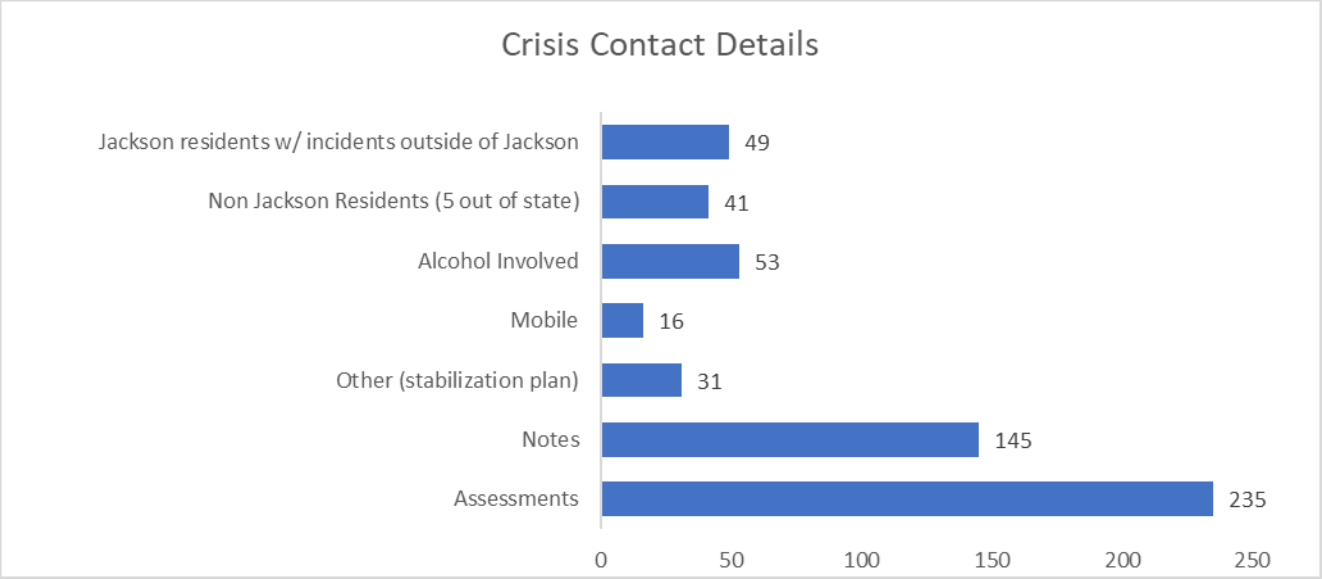
The number of crisis contacts for 2019 was 395 involving 219 individuals. This includes assessments, telephone notes, and walk-in contacts. There was a total of 235 documented assessments, 145 telephone notes including follow-up contacts, and 14 other contacts which include walk-ins and response plan documentation. The majority of the contacts involved adult individuals (306) while 84 contacts involved youth, including 34 who were under the age of fourteen. Alcohol was involved in 13% of the calls and mobile workers were dispatched for 16 incidents. The Crisis Line took 41 calls that involved individuals who were not Jackson county residents (including 5 non-Wisconsin residents), while there were 49 crisis calls involving Jackson county residents involved in a crisis outside of the county. The number of emergency detentions in 2019 was 33, which is a bit lower than the 52 detentions in 2018. In addition to the 33 Chapter 51.15 detentions, there were also 2 Chapter 55 Emergency Protective Placements and 5 Chapter 51.45 Incapacitation Holds during the year. Please note the charts below for the outcomes of the calls and other program details.

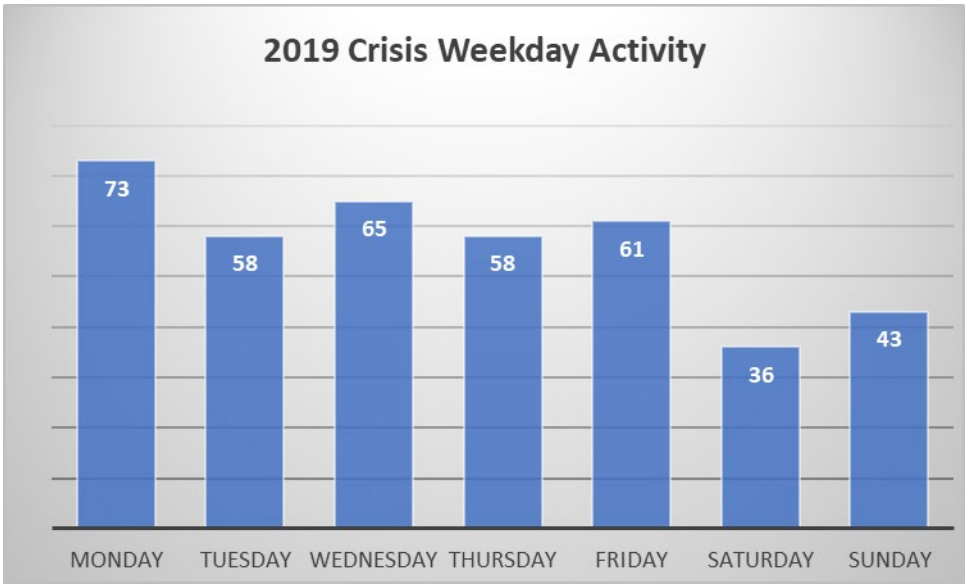

2019 Crisis Contact Outcomes
Voluntary Hospitalization
Telephone Stabilization Plan
Medical Primary
Jail
Information Only
Home Individually
Emergency Detentions
Community Supports
Case Transfer
Bed Location
Other
24
3
17
14
129
55
40
84
8
16
5
0
20
40
60
80
100
120
140


2019 Crisis Contact Outcomes
Telephone Stabilization Plan 1%
Voluntary Hospitalization 6%
Other 1%
Bed Location 4%
Case Transfer 2%
Medical Primary 4%
Jail 4%
Community Supports 21%
Information Only 33%
Emergency Detentions 10%
Home Individually 14%


13%
5%
82%
Emergency Detention 51.15
Protective Placement 55
Incap Hold 51.45


Hospitals Utilized for Emergency Placements
Amery 7%
BRMH 15%
Sacred Heart 15%
Gundersen 8%
Mayo 30%
Winnebago 25%


Crisis Contact Details
Jackson residents w/ incidents outside of Jackson 49
Non Jackson Residents (5 out of state) 41
Alcohol Involved 53
Mobile 16
Other (stabilization plan) 31
Notes 145
Assessments 235
0
50
100
150
200
250

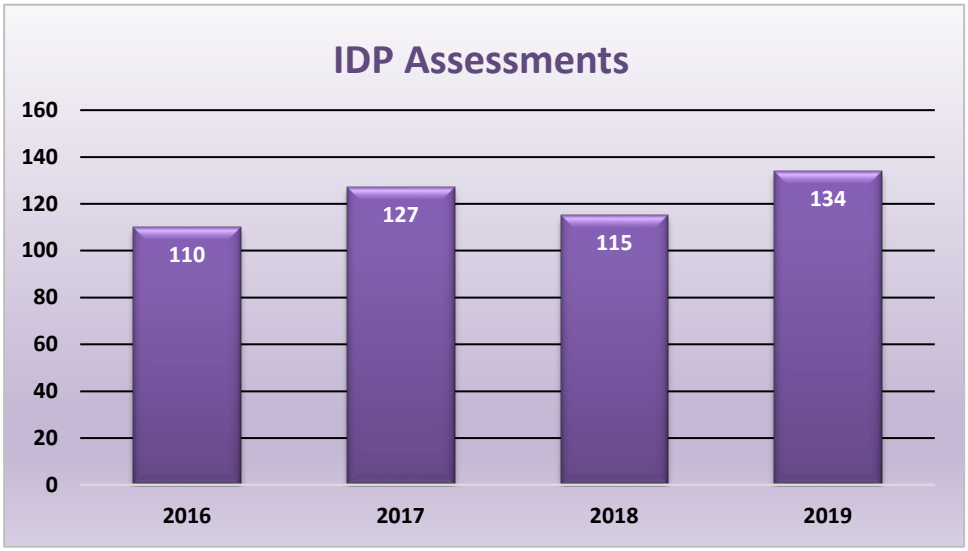


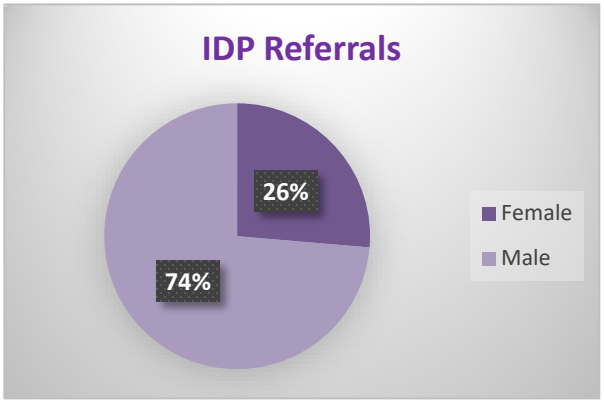
Targeted Case Management

The Behavioral Health Division has licensed Social Workers available to provide on-going case management for clients with severe and persistent mental health issues who have a court-ordered commitment or are receiving funding for residential substance use treatment. Assessments of an individual's physical, psychological, and social needs may be completed and used to develop strategies that aid in recovery. Case Management is also provided to individuals who receive funding for residential substance use treatment. On-going case management seeks to improve an individual's health, community participation, and continued recovery.

Intoxicated Driver Program (IDP)

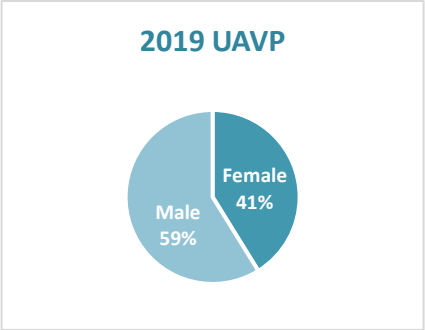
Jackson County Behavioral Health Division is an approved IDP assessment facility with staff available to administer required assessments and develop driver safety plans. In 2019, there were 134 IDP assessments completed of the 148 that was scheduled with the IDP Assessor.

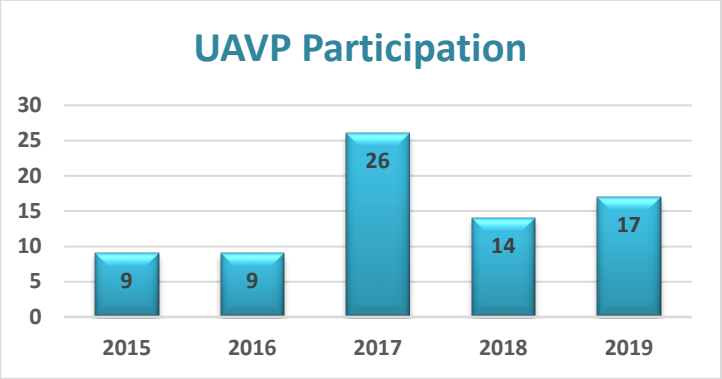




Underage Alcohol Violator's Program (UAVP)

The Behavioral Health Division offers Prime for Life classes for individuals who receive a first-offense underage drinking citation in Jackson County. Prime for Life is an evidence-based prevention and intervention program which helps individuals reduce their risks of alcohol and drug-related problems throughout their life. The classes are taught by individuals with specialized training in the Prime for Life curriculum. In 2019, three classes were offered but only 2 were held due to low demand. Seventeen youth signed up and sixteen completed the training.

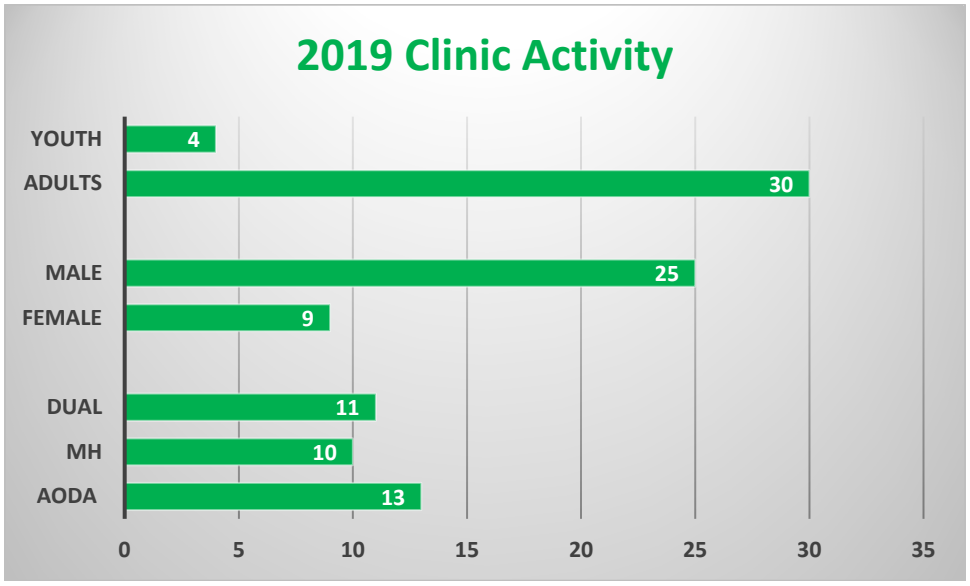


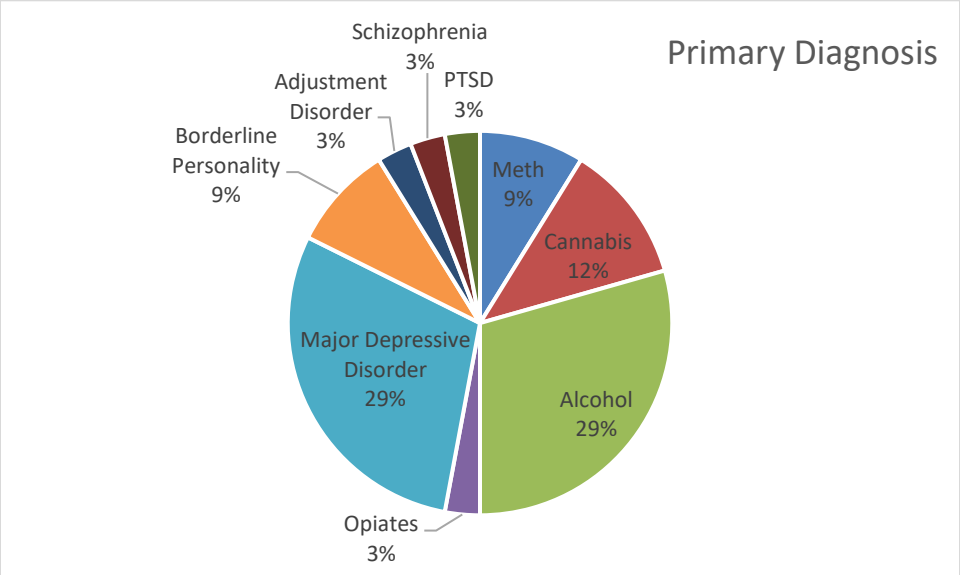


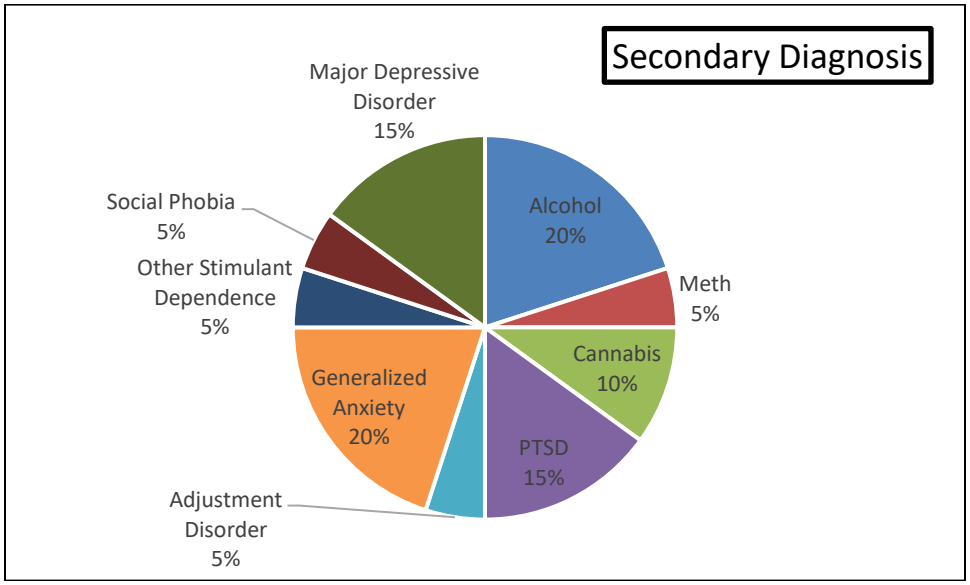
Outpatient Clinic

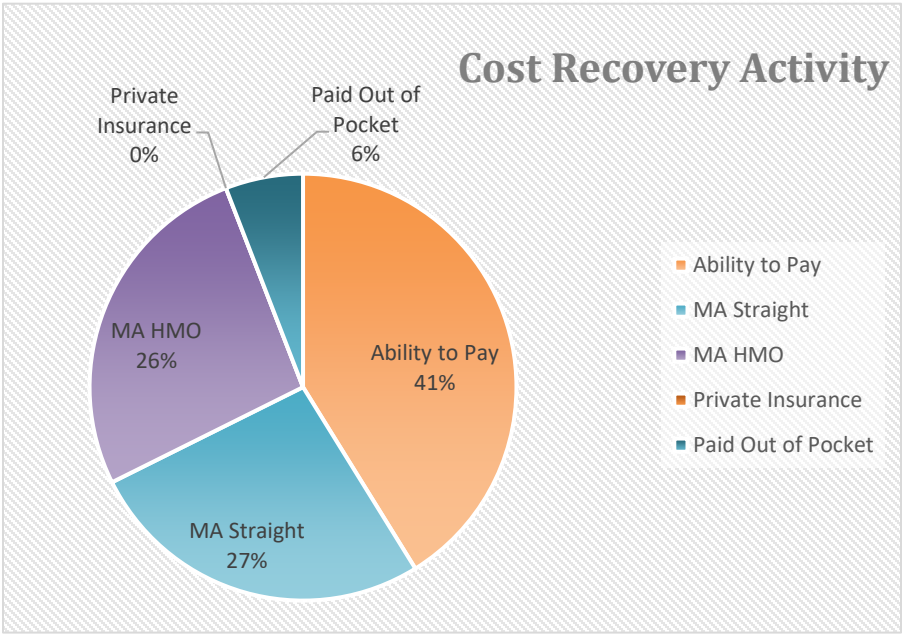
2019 was a busy year for the Jackson County Behavioral Health Outpatient Clinic! At the beginning of the year, staff focused on reviewing and updating policies and procedures and developing a new manual for the clinic. Two new therapists were hired; including a Clinical Therapist who was licensed to treat mental illness and substance abuse and a Substance Abuse Counselor. Staff then were able to focus on insurance credentialing to ensure billing could ensue once patients began utilizing the clinic services. The clinic "officially" began seeing patients again in August 2019. Since then, a total of 34 patients have been seen at the clinic, also, the Counselors provided counseling services to several CCS clients. Of the 34 individuals receiving treatment, 30 were adults and 4 were youth. 13 individuals presented with substance use disorders, 10 received mental health treatment, and eleven were dual-diagnosed patients. Remaining true to the mission of DHHS, the primary goal of the Outpatient Clinic is to serve Jackson County residents who are receiving medical assistance or who have no health

insurance to obtain treatment at other facilities. Individuals who do not have health insurance are encouraged to apply for medical assistance and referred to the Aging and Disability Resource Center if assistance is needed with the application process. Currently, the clinic is credentialed with 8 MA HMO's, 3 commercial, and 2 managed care organizations. Several other insurances are in process as well. Individuals needing services who do not have insurance are provided services and offered payment options based on a sliding fee scale and their ability to pay.






Secondary Diagnosis
Major Depressive Disorder 15%
Social Phobia 5%
Other Stimulant Dependence 5%
Alcohol 20%
Meth 5%
Cannabis 10%
Generalized Anxiety 20%
PTSD 15%
Adjustment Disorder 5%


Cost Recovery Activity
Private Insurance 0%
Paid Out of Pocket 6%
MA HMO 26%
Ability to Pay 41%
MA Straight 27%
Ability to Pay
MA Straight
MA HMO
Private Insurance
Paid Out of Pocket

Outreach

Outreach to the following agencies occurred:

- Melrose School District
- Black River Falls School District
- Alma Center-Humbird-Merrillan School District
- Interfaith
- Together for Jackson County Kids
- Footprints in Time
- Ho-Chunk Nation
- Lori Carlson, Life Coach
- Black River Falls Police Department
- DHHS Children & Families Unit
- Black River Memorial Hospital
- Probation & Parole

Outreach occurred at the following events:

- All Mental Health Month events
- Jackson County Fair

Accomplishments & Happenings

- The unit moved to the new addition and worked to create new processes
- The unit was restructured to include 2 Supervisor positions, in addition to the Manager position
- At the end of 2019, no adults were waiting for admission to CCS. There were only a minimal number of youth awaiting admission to CCS, CLTS, and/or CST and all had been assigned and admission was actively being worked on
- Unit staff organized county-wide activities throughout May for Mental Health Month that included books readings to elementary students at all three school districts and included book donations to each school library and the Black River Falls Public Library, presentations on non-suicidal self-harm and personality disorders, a screen filming on Adverse Childhood Experiences (ACEs) and Resilience, a Professional Mixer, and a green ribbon campaign
- Unit staff organized activities for World Mental Health Day in October, including distributing green ribbons across the county and doing a social media campaign
- Clinic staff were hired and began seeing clients for mental health and substance abuse counseling
- Many positive changes were implemented within the Clinic, including creating and updating policies, revamping the quality assurance procedures, and credentialing with insurances
- Several clients who were being served in residential placements were enrolled in CCS

- Much work was done related to the CLTS Rate Setting Initiative
- New vendors were contracted with for CCS, CLTS, and CST
- The unit staff did a great deal of outreach work
- Crisis was used to provide temporary services to clients while they were screened and transitioned to longer-term services, such as outpatient counseling, prescribing services, CCS, CLTS, CST, or CSP
- Work was done to bring the CSP contracted provider into the new addition for increased collaboration in 2020

Goals for 2020

1. Continue with little (30 days or less) to no wait times for long-term services such as outpatient counseling, CCS, CLTS, CST, and CSP
2. Explore creating a satellite clinic in one or more of the school districts in Jackson County
3. Update crisis documentation forms, as well as jail the assessment form
4. Transition some of our programs to NOVA (Electronic Medical Record System)
5. Become more familiar with homelessness resources and be involved in any homelessness initiatives that may be appropriate
6. Continue to promote the professions needed in the Behavioral Health Department and engage in activities that will assist in recruiting staff (i.e. offering internships, participating internship fairs, participating in job shadow experiences, etc.) so that we can continue to meet the demand
7. Explore grant opportunities that could assist with developing, improving, and/or funding service offerings

BUSINESS SERVICES

Staff:

* Cindy Altman, Manager
* Penny Nicolai, Administrative Clerk
* Julie Olson, Billing and Collections Specialist
* Clover Schofield, BS Specialist
* Chelsea Stenulson, Fiscal Analyst and Contract Administrator
* Holly Waldera, Accounts Payable/Receivable Specialist

Those who left:

* Heather Holcomb, Manager

Staff Activities

Goal:
The goal of the Business Services team is to provide strong fiscal and clerical support to all DHHS managers, units and programs to maximize efficiency, reimbursement and compliance by accurate and transparent budget planning, oversight and reporting, all while providing excellent customer service to Jackson County clients.

Changes:
As a professional staff, programs and audit requirements continue to grow and change as well as recognizing that the agency has an increasing demand for quality assurance, clerical and billing activities, the Business Services unit continues to be reassessed to determine if current staffing levels are appropriate. Processes and procedures are also assessed on an ongoing basis to determine where efficiencies can be created. It was determined in 2019, with the shifting of duties due to the elimination of the Business Services Assistant – Program Assistant position that it was appropriate to review and update the job descriptions and wage scale range for the entire unit. It was also determined during the 2020 budget process, that it would be appropriate to create an additional fiscal specialist due to the increased MA demands and continued growth of programs within the Behavioral Health Unit. The unit will continue to reassess regarding agency growth and changes within programs, program/audit requirements, professional staff, quality assurance, billing, and clerical needs.

Consortium Activity:
Jackson County DHHS continues to be part of the following consortiums: Western Regional for Economic Assistance (WREA) for economic support services and Western Regional of Integrated Care (WRIC) for Comprehensive Community Services (CCS) and the Community Support Program (CSP). Jackson County will continue in the WRIC consortium for CCS, however, beginning January 1, 2020, Jackson County will be contracting for CSP, as it will no longer be part of the WRIC. Consortiums continue to have increased demand from the Director, Fiscal & Clerical Services Manager, and Program Managers in regards to attending meetings, providing data analysis, and coordinating with the State to provide an overall better quality of care to clients they serve, which is the goal of all consortiums.

Financial Activities

2020 Budget

Preparation of the 9.3 million-dollar 2020 DHHS budget involved funding each department with a realistic mindset, taking into consideration historical information as well as current and future trends in service levels and placement activities. In the 2020 budget, some departments required additional tax levy and some required less in comparison to the 2019 budget. The overall tax levy request for the 2020 DHHS budget was the same as the 2019 request only because the agency chose to apply over $ 580,000 of DHHS fund balance.

Position changes within the 2020 budget included the addition of the following: 1.0 FTE PH Specialist, 1.0 FTE BH Fiscal Specialist, and 1.0 FTE BH Children's Social Worker.

2019 Year-End Report

It continues to be the commitment of the DHHS Director, Fiscal & Clerical Services Manager, and Program Managers to ensure transparency when reporting to the DHHS Board of Supervisors, Executive and Finance Committee and Full County Board in regards to trends in placements, expenses, and overall funding. Below is a list of volatile expenses that can quickly cause the DHHS budget to be overspent as well as information specific to activities that occurred in 2019.

Children & Families out-of-home placements in both Child Protective Services (CPS) and Youth Justice (YJ).
The cost of out of home placements for children in both Child Protective Services and Youth Justice continue to rise. Between both programs, $937,236 was budgeted in 2019, however, $1,194,904.05 was spent ($257,668.05 over budget) on out of home placements.

Mental Health and AODA placement and treatment costs.
The budget for placement and treatment costs, as well as institutional care, was $1,139,780. The amount spent was $534,261.77 which was $605,518 under budget. With an increase in other preventative programs, we are hopeful this trend will continue.

Adult Protective Services (APS) placement costs.
In 2019, the APS placement budget was $75,000, a budget increase of $50,000 from 2018, but the actual cost was $130,363, which was $55,363 over budget. As our population ages, the costs associated with placements have steadily been increasing. About $34,000 of the APS budget is funded by the State with the remaining $155,491 of this $189,491 budget comes from levy.

The Children & Families unit has had a sharp increase in placements costs which has created an unexpected deficit in its budget. As a whole, this unit is anticipated to utilize $241,451 of fund balance which is $180,829 more than was budgeted. Due to increased placement costs throughout the State, the State has implemented a 2019 emergency funding source which Jackson County has applied. We will not receive notification until June as to whether we will receive funds and how much it may be. Without this emergency funding, Children & Families fund balance will be depleted to under $155,000 to be utilized in the 2020 budget. Discussions will ensue and decisions will be made in regards to how to balance this budget given this information.

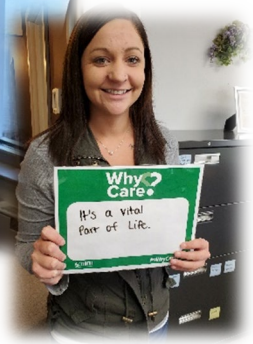
The Adult Protective Services unit has also had a sharp increase in placement costs which has created an unexpected deficit in their budget

and has sharply increased the caseload for the one full-time professional in this unit. It is anticipated this unit will utilize $119,750 of additional fund balance, which is $22,106 more than was budgeted. Discussions will ensue and decisions will be made in regards to how to balance this budget given this information.

The building expansion created many expenses not anticipated with the building expansion, including furniture and technology, in the approximate amount of $170,000, which was paid from DHHS funds. It is anticipated there will be additional expenses in 2020, however, they are unknown as of the writing of this report. DHHS did also move forward with a financial and case noting program, with phase 1 being implemented on January 1, 2020.

Following this section is an unaudited "2019 Year-End Report" for each fund within DHHS which shows detailed information regarding the total Fund Balances in each Fund along with the amount of Fund Balance that is restricted and unrestricted. As a whole, DHHS had budgeted to use $558,232 of fund balance in 2019. The actual amount now projected to be used is $250,349. The total fund balances as of December 31, 2019, are anticipated to be $1.8 million which includes restricted and unrestricted funds. This is 19.58% of the total DHHS budget.

As of the date, this document is written, DHS and DCF have not closed their books which means the Jackson County auditors are unable to submit final adjustments to our agency; therefore, the information below is unaudited data.



2019 Year-End Report

as of February 29, 2020

Fund 17: Economic Support	
Total Revenues	$ 228,842.20
Anticipated Revenues	$ 34,051.04
Less: Expenses	$ 294,754.67
Surplus (Shortage)	$ (31,861.43)
Add: Beginning Fund Balance	$ 262,691.66
Less: Restricted Fund Balance	
Total Unrestricted Fund Balance	**$ 230,830.23**

Fund 27: Behavioral Health	
Total Revenues	$ 3,059,209.18
Anticipated Revenues	$ 15,774.41
Less: Expenses	$ 2,984,540.78
Surplus (Shortage)	$ 90,442.81
Add: Beginning Fund Balance	$ 163,939.18
Less: Restricted Fund Balance	$ -
Total Unrestricted Fund Balance	**$ 254,381.99**

Fund 20: Public Health	
Total Revenues	$ 847,858.90
Anticipated Revenues	$ 13,631.00
Less: Expenses	$ 803,349.95
Surplus (Shortage)	$ 58,139.95
Add: Beginning Fund Balance	$ 502,202.78
Less: Restricted Fund Balance	$ -
Total Unrestricted Fund Balance	**$ 560,342.73**

Fund 28: Aging (General)	
Total Revenues	$ 829,931.75
Anticipated Revenues	$ 182,778.36
Less: Expenses	$ 1,142,186.06
Surplus (Shortage)	$ (129,475.95)
Add: Beginning Fund Balance	$ 285,783.77
Less: Restricted Fund Balance	$ -
Total Unrestricted Fund Balance	**$ 156,307.82**

Fund 21: Child Support	
Total Revenues	$ 404,290.30
Anticipated Revenues	
Less: Expenses	$ 410,160.23
Surplus (Shortage)	$ (5,869.93)
Add: Beginning Fund Balance	$ 335,998.76
Less: Restricted Fund Balance	$ -
Total Unrestricted Fund Balance	**$ 330,128.83**

Fund 28: Aging (DOT Trust)	
Total Revenues	$ 91,895.62
Anticipated Revenues	
Less: Expenses	$ 74,824.26
Surplus (Shortage)	$ 17,071.36
Add: Beginning Fund Balance	$ 108,998.86
Less: Restricted Fund Balance	$ 126,070.22
Total Unrestricted Fund Balance	**$ -**

Fund 22: C&F and AMSO	
Total Revenues	$ 2,758,201.24
Anticipated Revenues	
Less: Expenses	$ 2,999,652.10
Surplus (Shortage)	$ (241,450.86)
Add: Beginning Fund Balance	$ 396,058.65
Less: Restricted Fund Balance	$ -
Total Unrestricted Fund Balance	**$ 154,607.79**

Fund 28: Aging (CM/HD Trust)	
Total Revenues	$ -
Anticipated Revenues	$ -
Less: Expenses	$ 7,344.96
Surplus (Shortage)	$ (7,344.96)
Add: Beginning Fund Balance	$ 7,344.96
Less: Restricted Fund Balance	$ -
Total Unrestricted Fund Balance	**$ -**

FUND BALANCE ANALYSIS - BUDGET vs. ACTUAL

FUND	BUDGET	ACTUAL	DIFFERENCE
17	$ 42,778	$ 31,861	$ 10,917
20	$ 125,711	$ (58,140)	$ 183,851
21	$ 14,554	$ 5,870	$ 8,684
22	$ 60,622	$ 241,451	$ (180,829)
27	$ 216,923	$ (90,443)	$ 307,366
28	$ 97,644	$ 119,750	$ (22,106)
TOTAL	$ 558,232	$ 250,349	$ 307,883

DHHS Total Shortage	**$ 250,349**
DHHS Total 2019 Budget	**$ 9,259,055**
Shortage as % of Total Budget	**2.70%**

DHHS Total FB as of Dec. 31, 2019	**$ 1,812,670**
DHHS Total 2019 Budget	**$ 9,259,055**
Fund Balance as % of Total Budget	**19.58%**

CHILDREN & FAMILIES

Staff:

* Vincent Loera, CFS Manager
* Jeff Bernamann Social Worker LTE
* Jessica Buss, Social Worker II
* Jenny Dormady, Supervisor
* Amy Edwards, Social Services Aide
* Cassandra Pralle, Social Worker II
* Janet Puffer, Social Services Aide
* Marymargaret McColligan, Social Worker I
* Sydney Neville, Social Worker I
* Becca Schieffer, Social Worker I
* Sandra Storandt, Social Worker II
* Heather Wilcox, Social Worker I

Those that left:

* Nicole Cork, Social Worker I
* Elisa Cornejo, Social Worker I
* Nicole Durst, Social Worker I
* McKenna Fellegy, Social Worker I
* Jennifer Kukuk, Social Worker III
* Rachel Sullivan, Social Worker I
* Dan Williams, CFS Manager

Children and Families Overview

The Children and Families Unit's primary responsibility is providing Jackson County's Child Welfare programs. Programs run by the unit include: Child Protective Services (Chapter 48), Juvenile Justice (Chapter 938), Voluntary Child Welfare, Foster Care, and Voluntary Kinship Care.

Child Protective Services (Chapter 48)

The Children & Families Unit is responsible for assessing reports of child abuse and neglect of children residing in Jackson County and providing services to their families and to protect the children from further harm.

In 2019, the unit received 495 reports of child abuse and/or neglect, which is a small uptick from 2018 (456 reports).

Of the 495, reports of child abuse and/or neglect received, 99 were screened-in for a Child Protective Services Initial Assessment. This is a slight decrease from 2018 (110 screened-in reports). The remainder of the reports of abuse/neglect were screened-out for various reasons including duplicate reports, out-of-state jurisdiction, or alleged maltreatment did not rise to the level of abuse/neglect per state guidelines. Screened-out cases may have resulted in a referral to services within the agency (Public Health or Behavioral Health) or to community resources.

Of the 99 CPS Initial Assessments conducted by the Children & Families Unit, 34 cases had Child in Need of Protection/Services (CHIPS) Petitions filed with the Juvenile Court. This is comparable 2018, in which 35 petitions were filed and in 2017 with 34 filed petitions.

If the CHIPS Petition resulted in a CHIPS Dispositional Order, the Children & Families Unit provided case management and services to help ensure safety while keeping the family intact, reunify the family safely, or worked to achieve legal permanency for the child through Guardianship or Termination of Parental Rights and Adoption.

Youth Justice (Chapter 938)

In 2019, the Children & Families Unit received 128 referrals for Juvenile Court Intakes, this was up considerably up from 95 in 2018.

Each referral resulted in a Juvenile Court Intake in which an assessment was completed that took into account the alleged crime or violation, impact on the victim (if applicable), juvenile's functioning, and family functioning.

After the intake process, a recommendation was made to the District Attorney if a crime was committed, or a Juvenile in Need of Protection and/or Services (JIPS) Petition was filed with the Juvenile Court if the concern was Truancy or uncontrollability. Possible outcomes could be Counsel and Close, Deferred Prosecution Agreement, Consent Decree, or Formal Supervision.

In 2019, there were 34 Juvenile petitions filed with the Juvenile Court, in 2018 there were 19. These cases went on to receive formal supervision by the Department. In addition, the Department supervised 48 Deferred Prosecution Agreements. This is more than double of the 21 Deferred Prosecution Agreements in 2018.

Youth Innovations Grant

Over the last several years, Jackson County's truancy referrals have increased from 17 for the 2016/17 school year to a near triple (42) in the 2017/18 school year. This seems to level off at 41 in the 2018/19 school year. Currently, for the 2019/20 school year, there have been 8 referrals, however, most referrals are typically sent towards the end of the school year.

To address this growing increase in truancy referrals, the agency was awarded the Youth Innovations Grant. With the grant funds, Jackson County developed and supported a multi-disciplinary team including law enforcement, school officials, and DHHS to identify youth that is starting to struggle with their behavior in school or the community and provide appropriate interventions to avoid the need for law enforcement intervention and/or exclusionary discipline. Currently, the MDT is working on standardizing the truancy referral form for all schools as well as standardizing how Youth Justice or Law Enforcement accepts the case.

Jackson County added a YJ worker to serve on the multi-disciplinary team and be a liaison to the school districts; created a Youth Job Development Program to help youth find and maintain employment; provided training for team members in evidence-based practices (including Carey Guides and BITS); provided support to families to remove barriers to school attendance; and implemented reward programs to positively influence school attendance and positive behavior.

Contracted costs for items such as gas cards, therapy, parent support, daycare, drug tests, supervised visitation, items for infant and child needs such as diapers, wipes, etc. was $425,825.
Of the $425,825 listed above, $105,359 is from Stein Counseling and Peace of Mind.

Foster Care

Jackson County has a total of 32 licensed foster families (general and child-specific), 3 certified respite families and 3 pending licenses.

On August 17, 2018, Jackson County was awarded a grant for $21,900 to aide in foster care retention. Jackson County was one of 14 out of 51 applicants to receive a grant from DCF. Because there was a delay in dispersing the amount for the State, this grant was extended through 2019. With this grant, the agency plans to create a foster parent support network for foster parents, kinship care providers, respite providers, and foster care applicants by hosting bi-monthly events; develop a foster parent Mentoring Program, develop a placement pantry/closet with needed items at the time of a child's placement and support the Jackson County Foster Care Month Appreciation Event.

That delay was a bit of a blessing for Jackson County because we were going through renovations and lacked space for an actual foster closet. Jackson County was able to wait to closer to the end of the year to purchase those goods until the renovations in the CFS area were complete. Now the foster closet is fully stocked with pack n plays, bouncers, diapers/wipes, hygiene kits for all ages, safety items (fire extinguishers, electrical plugs, etc.…) child care activities and small arts and crafts.

By far the parent's favorite event was the bi-monthly foster parent events. The agency had 7 activities over the year ranging from movies, meet and greets, to a local artist teaching arts and crafts to the foster parents. Each event had an activity, light refreshments and child care. The intended purpose of the events was to build a community, network with other foster parents and to meet other CPS social workers at the events. Making sure CPS staff were at the gatherings was imperative to the intended purpose because the foster parents were able to see the CPS social workers informally. Anecdotally, Jackson County's Foster Care Coordinator, Cassie Pralle, stated many foster parents felt a higher appreciation and trust for the social workers after spending time with them in a relaxed atmosphere.

Out-of-Home Placements

The major focus of the Children and Families Unit is to keep children safe which may result in a placement outside of the child's home. When this occurs the Children & Families Unit attempts to place children/juveniles in the least restrictive setting, preferably with relatives, and works to reunify the family safely, or based on state and federal guidelines, works to achieve legal permanency for the child(ren)/juvenile through a guardianship or termination of parental rights and adoption.

Out-of-home placements fluctuate greatly depending on the reports received and the number of siblings in families that end up requiring out-of-home placement. We continue to see a larger number of sibling groups requiring out-of-home placement, and children remaining in care longer due to significant substance abuse and mental health issues.

At the end of 2019, there were 41 children in out-of-home placements, which is comparable to the 43 children in out-home placements at the end of 2018.

In addition to out-of-home placements being a focus for the well-being of the children/juveniles we serve, they are a significant portion of our budget and a large fiscal responsibility for Jackson County. Placements range from $244 per month for a relative placement to $12,706 per month for the most expensive residential care center.

Summary of 2019 Data for Children and Families

Reports of Child abuse/neglect	Screened in	CHIPS Cases
2019- 495 2018- 456 2017- 446	2019- 99 2018- 110	2019-34 2018- 35 2017-34

Referrals for Youth Justice	Juvenile Court	Deferred prosecution - Juveniles
2019-128 2018-95	2019- 34 2018-19	2018- 21

Out of Home Care	Subsidized guardianships	Voluntary Kinship care
2019- 41 2018-43	2019- 6 (cost $9,240) 2018-5	2019- 26

Total estimated Cost of Out of Home Care in 2018-2019

	CPS	Juv. Justice & JIPS	Total
Total 2019	$467,644.38	$730,739.67	**$1,198,384**
Total 2018	$411,541	**$732,987**	**$1,144,528**

Subsidized Guardianships

While the above chart represents out-of-home placements due to a current Juvenile Court Order, Jackson County continues to pay placement costs for children placed with guardians through a Subsidized Guardianship program. This program supports guardianships where the caregiver may not be able to support the child financially if the agency closes its CHIPS case through the Juvenile Court. Jackson County is required to pay a set rate per child as determined at the final Subsidized Guardianship hearing until the child turns 18 (or 19 if the child is enrolled and expecting to graduate from a secondary education program).

At the end of the 2019, there were six, (6) Subsidized Guardianships in Jackson County (up from 5 in 2017). The total cost for 2019 was $9,240, with child specific rates ranging from $220 - $580 per month.

Voluntary Child Welfare

In addition to the services that the agency is statutorily required to provide, Child Protective Services and Juvenile Justice, the agency receives numerous requests for services and/or assistance for families in Jackson County.

In the cases that were accepted for services a Social Worker made contact with the family and helped connect them to community resources and in some cases the agency was able to provide services such as parent education and/or respite to the family. A significant number of requests that were not accepted for services by the Children and Families Unit were referred to Public Health or Behavioral Health.

If funding and staff time allowed, more voluntary child welfare cases would be accepted for services. Also, families in which we screen out a Child Protective Services Report due to the allegation not rising to the level of maltreatment would receive outreach through a voluntary child welfare case.

Voluntary Kinship Care

Kinship Care supports the concept of children residing with a relative to alleviate family stress or temporary familial problems, rather than being placed in a foster home or another type of out-of-home placement through a child welfare agency. DHHS receives a yearly allocation to support the Kinship program if there is more demand than funding a waitlist is activated as no levy is utilized to support this program.

2019 the Kinship rate increased to $244 per month. Caregivers must comply with a criminal background check, apply for public assistance or benefits for which the child may be eligible, and cooperate with a referral of the parents to child support, and participate in an annual review of Kinship living arrangements.

In 2019 the Children & Families Unit was able to serve 26 children under the Voluntary Kinship Care program.

Mandated Reporter Training and Community Presentations

Child and Family Social Workers conducted four (4) mandated reporter training. These pieces of training assist mandated reports of child abuse and/or neglect in knowing their responsibility and providing a venue for them to ask questions about the process. The training has been held at county school districts, daycare providers, and law enforcement. The Department has also provided a tool to these outside agencies to assist in their reporting requirements.

CHILD SUPPORT

Staff:

* Manager – Laurie Goetzka
* Financial Clerk – Jessica Nephew
* CS Specialist – Stefanie Neumann
* CS Specialist – Tammy Pozega
* CS Specialist – Emma Windsor

(Laurie receiving her 20 years in Child Support award at the Directors Dialogue)

Child Support Agency Role

The child support agency's goal is to ensure that both parents are providing for their children financially and providing health insurance.

THE ROLE OF A CHILD SUPPORT SPECIALIST:

- Locating absent parents
- Establishing a legal obligation for child support
- Adjudication of paternity for non-marital children
- Monitoring payment activities and maintaining financial case records related to child support orders
- Enforcement of support obligations
- Modifying orders is there is a significant change of circumstances or if 33 months has elapsed since the last order
- Appearing for Bond Hearings
- Appearing for Divorce proceedings where one or more of the parties are receiving public assistance

Funding:

Funding for the Child Support Agency is provided in the form of State and Federal payments, which are based on performance measures established by the federal government. There are four main performance measures which impact funding for the Agency:

- Court Order Establishment
- Paternity Establishment
- Collection of Current Support
- Collection of Arrearage Payments

A baseline of at least 80% is established for each of these measures; which meaning that the Federal Government would like to see a court order for financial support, paternity established for children born out of wedlock, collection of current support, and a collection toward arrearages, if necessary, on at least 80 % of the cases. In the past, Jackson County has strived to meet these goals and we will continue in our efforts.

STAFF ACTIVITIES

IVD COURT: The Child Support Agency prepares cases for Court approximately two days to three days per month.

Each Case Worker prepares their cases for court from start to finish. The first step is filing the proper documentation to get the action started or brought back before the Court for review, modification, establishment, or enforcement. Before Court, the caseworker prepares court notes as a guide to Corporation Counsel to advise the court as to the status of each case. Once the case has been heard and the Court enters an order, the file is then given back to the caseworker assigned to draft the order as a result of the court action. The order is then sent for signatures, filed with the Clerk of Court, and copies mailed to each party involved. The Financial Clerk will update the court order information on the KIDS system and follow up with any income garnishment changes that need to occur.

The Financial Worker will enter those orders in the KIDS system, send income withholding orders out to employers and monitor the payments being received. The Financial worker does several job duties to assist the caseworkers and keeps them appraised of any issues that may arise, along with fielding phone calls and walk-in visitors.

PUBLIC RELATIONS: The Child Support Agency continues to communicate and work with the Ho-Chunk Children & Families unit as well as the Tribal Court members on child support related issues involving tribal and non-tribal families.

In 2014 the Ho-Chunk Tribal Child Support Agency became comprehensive. In 2016 the Jackson County Child Support Agency continues to transfer batches of cases to the Ho-Chunk Tribal Child Support Agency.

Child Support Staff will continue to collaborate with the Ho-Chunk Nation as the process continues until all the members of tribal cases are allowed to have their case transferred to the Ho-Chunk Nation.

In 2019 Laurie and Emma presented "What's the Rush?" to Melrose Mindoro middle and high school students to educate teens of the difficulties and consequences of becoming a teen parent.

In the fall of each year, Child Support Staff attend WCSEA Fall Conference. In September 2019, Laurie, Tammy, and Stefanie attended this conference held in Middleton. This is a three-day event to educate child support staff from all over the State on policies and upcoming changes to the Child Support Program. It also is a valuable networking tool for Jackson County staff to establish relationships with other county child support agency workers.

Laurie, Emma, and Jessica attended the National Child Support Enforcement Association Leadership Symposium held in Minneapolis, MN in August. It is a wonderful opportunity to network, collaborate and learn what other states are doing to keep up with program changes and challenges.

CHALLENGES: Child Support staff continue to diligently enforce child support obligations. Some challenges we face are incarcerated payers that are unable to meet their obligation, payers that are going through drug treatment, and payers that are awaiting to be found eligible for Social Security Disability benefits as this is a long process and in the meantime, payers are unable to be gainfully employed and earn the money needed to meet their obligation

PERFORMANCE DATA:

YEAR	CASES	PATERNITY %	COURT ORDER %	CURRENT SUPPORT %	ARREARS %	TOTAL COLLECTED
Incentive goals		90	80	80	80	
2014	1492	110.33	88.61	72.23	68.76	$2,132,333.00
2015	1404	102.01	91.24	74.17	68.92	$2,125,225.00
2016	1308	106.03	92.13	75.41	68.95	$2,094,615.00
2017	1287	102.73	91.61	73.9	69.53	$2,019,944.00
2018	1307	107.63	87.83	71.3	68.44	$1,899,249.00
2019	1252	105.11	88.42	71.57	70.43	$1,877,455.00
Statewide Totals		101.64	86.99	75.09	69.44	$525,604,780.00

This is based on Fiscal Year 10/1 – 09/30

COLLECTIONS:

In 2019, as a result of the efforts of the entire staff of the Child Support Agency, a total of $1,877,455.00 in current support and past support.

ECONOMIC SUPPORT

STAFF:

* Manager – Jackie McDonell
* ES Specialist – Lori Domenosky
* ES Specialist – Megan Hovre
* ES Specialist – Kelly Johnson
* ES Specialist – Tina Rowlee

Jackson County is part of the Western Region for Economic Assistance (WREA), a multicounty consortium that administers Income Maintenance programs (Food Share, Badger Care Plus, and Medicaid for Elderly, Blind or Disabled) and the Wisconsin Shares Child Care Assistance program. WREA also determines financial eligibility for Long Term Care programs, which include Family Care, IRIS, Institutional/Nursing Home Medicaid, and the Children's Long-Term Support Waivers. The Department of Health Services (DHS) contracts with La Crosse County, and La Crosse County subcontracts with its seven partner counties - Buffalo, Clark, Jackson, Monroe, Pepin, Trempealeau, and Vernon—to provide services within the WREA Consortium's eight-county service area. Economic Support staff provide services across all eight counties without regard for an applicant/recipient's County of Residence. The WREA consortia currently have 31,725 active cases in its caseload with Jackson County making up 2,280 of the 31,725 cases.

Medical Assistance 2019:

3,710 Jackson County residents received Healthcare benefits each month in 2019

BadgerCare:	3,013 members
Elderly Blind or Disabled Medicaid:	437 members
Long Term Care Medicaid:	260 members

Wisconsin Shares Child Care Subsidy:

This program provides financial assistance to working families, and those involved in training for work, to help pay for the cost of daycare. In 2019, 23 families in Jackson County Received Wisconsin Child Care Assistance with 31 low- income children benefitting from the program. Between the 23 families, the Wisconsin Shares Subsidy assisted the families with an average of $12,610/month.

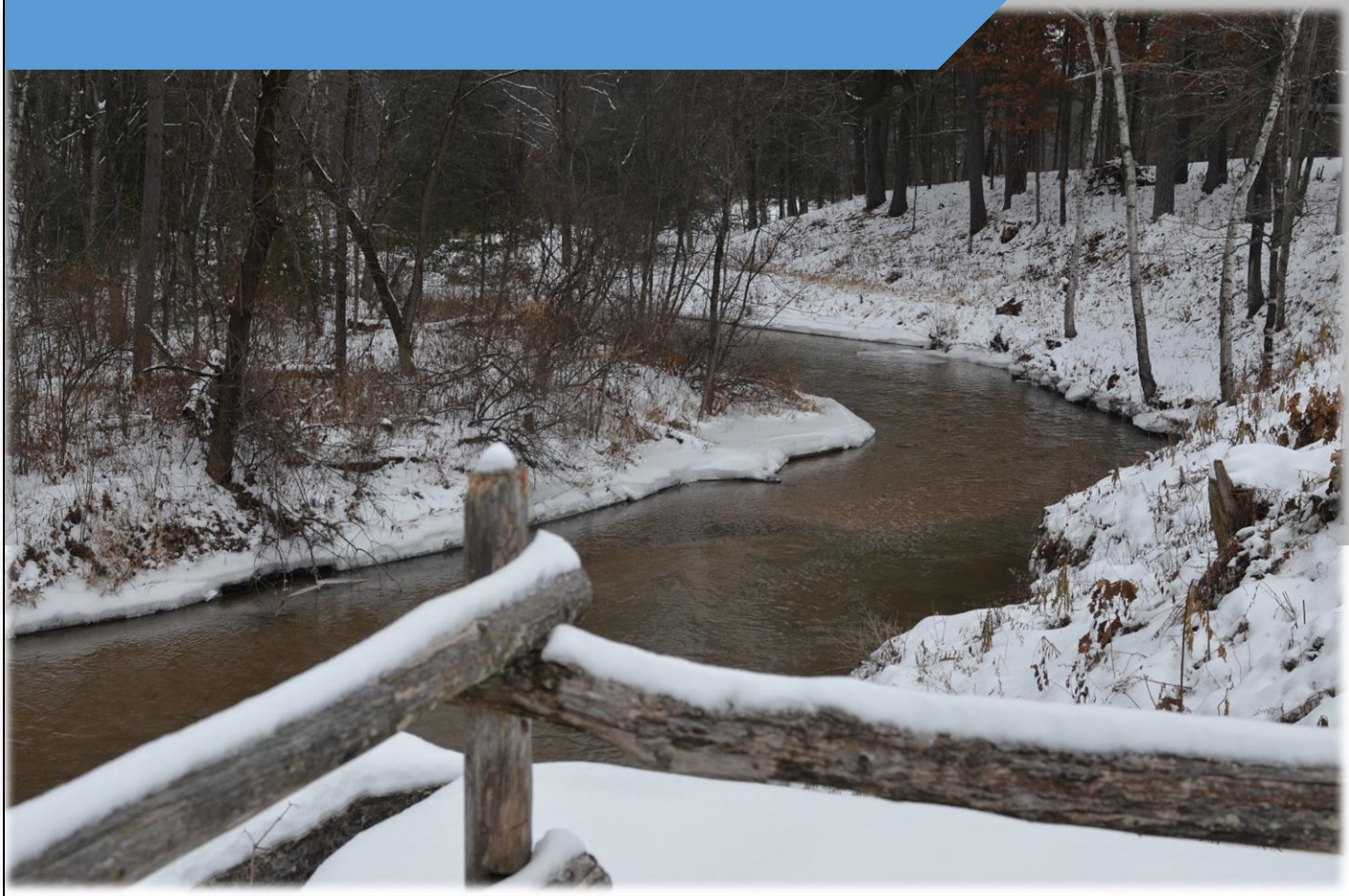
FoodShare:

Jackson County residents received $2,150,676 in FoodShare benefits.

1,887 Jackson County residents depended on FoodShare benefits to help meet their needs each month.

FoodShare WISCONSIN

JACKSON COUNTY PUBLIC HEALTH



2019 ANNUAL REPORT

THE TEAM…

Ellen Moldenhauer, RN BSN
Health Officer/Public Health Manager

* Kathy Rumsey, RN BSN; Public Health Nurse
* Tammy Handly, RN BSN; Public Health Nurse
* Kristi Hanson, RN BSN; Public Health Nurse
* Anita Leis, CSW, ECSE, IMH-E (II)
  Birth to 3 Teacher & Coordinator
* Amy Gunderson, RD; WIC Nutritionist
* Ben Rodenberg, REHS; Environmental Health Specialist
* Heidi Krenz; Program Assistant
* Carrie Macias; Program Assistant

A MESSAGE FROM THE HEALTH OFFICER…

Ellen Moldenhauer,
RN, BSN, PHN
Public Health Manger/Health Officer

JACKSON COUNTY
PUBLIC HEALTH
Healthy People, Strong Community

Together is Better…

Simon Sinek is an optimist and popular writer of inspirational thought, and in this past year the health department had the opportunity to read and reflect on a little book of inspiration he titled "Together is Better". In his introduction to this book Sinek says, "…if we commit to working together, to each do our part to help advance a shared vision, we can build the world we imagine". These words could not be more accurate or reflective of the work of public health, especially within our own local community. What is clear from the following report is that the workings of public health are multi-focused and diverse, from communicable disease and oral health to safe drinking water and preparing for public health emergencies. What is not as readily visible to the reader is the collaboration and team work that nurtures individual programs and services delivered by people with different skill sets. All of these people, working together grow a single garden of varied produce. While they may plant different seeds, all of these public health gardeners work to achieve a shared goal – healthy people and strong community. As you read the narratives that our team shares in the pages to follow, please recognize that we work together (within the department and with many partners outside of it) to achieve that very goal. When it comes to a vibrant and vigorous public health system, together is better.

Value Statement

Togetherness: community partnerships because together we can accomplish more.

Empowerment: providing tools and resources to empower people to make strong and healthy choices.

Acceptance: understanding and accepting differences as a strength.

Moving Forward: strengthening and moving our community forward through future planning and continuous improvement.

Vision

Healthy People, Strong Community

Mission

To Promote a Healthy, Strong Community for Jackson County through Prevention, Education, Preparedness and Partnership

MORE KEY PARTNERS IN JACKSON COUNTY PUBLIC HEALTH…

We take this opportunity to give special thanks to Dr. Howard Spegman for his more than 20 years of service to Jackson County Public Health in his role as volunteer medical advisor. On December 16th, a resolution in recognition of Dr. Spegman's years of service was unanimously supported by the Jackson County Board of Supervisors. We thank him for all he has done to support local public health priorities and for providing that important link to the medical community. We wish him all the best in his retirement. He will be missed.

Dr. Howard Spegman
Medical Advisor

Dr. Michelle Clark Forsting
Medical Advisor

Lynda Cameron
Interpreter

Communicable Disease

Communicable Disease Case Counts-2019

One of the many roles of public health is to provide surveillance, investigation, prevention and control of communicable disease. This is done through source investigation, notification and treating contacts as needed, and providing individual and public education. There were ***435*** communicable disease reports for Jackson County processed in 2019 through the WEDSS (Wisconsin Electronic Disease Surveillance System). The number of reports has increased as there were 386 communicable disease reports received in 2018.

Disease	Confirmed	Probable	Suspect	Not A Case
Enteric/Gastrointestinal Diseases				
Bacterial				
Campylobacteriosis	10	1	1	
E. coli Enteropathogenic (EPEC)			20	
E. coli Enterotoxigenic (ETEC)			2	
E. coli Shiga Toxin-Producing (STEC)	4	2		
Salmonellosis	4			
Vibriosis (non-cholera)		2		
Yersiniosis	1	1		
Parasitic				
Cryptosporidiosis	4			1
Cyclosporiasis	1			
Giardiasis	5			
Invasive Bacterial Diseases				
Group A Streptococcal Disease	1			
Group B Streptococcal Disease	4			
Mycotic/Fungal Disease				
Blastomycosis			1	2
Coccidioidomycosis			1	
Histoplasmosis			2	
Respiratory Diseases				
Chemical Pneumonitis*				1
Influenza-associated hospitalizations			13	1
Parapertussis**	6		1	
Pnemocystis Jirovecii	1			
Tuberculosis-LTBI	5		1	3
Sexually Transmitted Diseases				
Chlamydia Trachomatis	74			
Gonorrhea	16			
Syphilis (All Stages)				1

Vaccine Preventable Diseases				
Haemophilus influenzae invasive	1			
Measles				2
Mumps				4
Pertussis (Whooping Cough)				26
Rubella				1
Streptococcus pneumoniae invasive	4			
Varicella (Chicken Pox)		4		2
Disease	**Confirmed**	**Probable**	**Suspect**	**Not a Case**
Vector Borne Diseases				
Mosquito-borne				
Tickborne				
Babesiosis	1	1		3
Ehrlichiosis/Anaplasmosis	4		5	2
Lyme Disease	6	9	9	48
Lyme Laboratory Reports			49	
Powassan Virus Infection			1	
Viral Hepatitis				
Hepatitis B, Acute				1
Hepatitis B, Chronic		1		11
Hepatitis C, Chronic			12	13
Zoonotic				
Toxoplasmosis			3	1
Tularemia				1
Other				
Mycobacterial Disease (Non-TB)	6			

- In 2019, 70 TB skin tests were done by Jackson County Public Health (JCPH) compared to 73 skin tests in 2018.

***Chemical Pneumonitis:** In June of 2019, CDC, the U.S. Food and Drug Administration (FDA), state and local health departments, and other clinical and public health partners started an investigation into a national outbreak of e-cigarette, or vaping, product-use-associated lung injury (EVALI). Providers were required to report any vaping/lung injury(s) to the local health departments for follow-up. **Jackson County had one report, and after further testing the state closed the case as "not a case."** As of November 26, 2019, CDC has asked states to decrease the reporting to only hospitalized EVALI cases due to the upcoming flu season and the similarity in symptoms.

****Parapertussis**: In September of 2019, Jackson County (JC) had a small outbreak of Parapertussis within a local daycare. Parapertussis is a bacterial illness similar to Pertussis (cough or whoop, vomiting) but is typically milder than pertussis. Even though Parapertussis is not a mandated reportable disease to the local health department, the daycare was concerned about the increase of respiratory illness and the diagnosis so reached out to JCPH for education and guidance.

Immunization Program

Vaccines save lives!

Vaccination saves the lives of more than 3 million people worldwide each year and prevents millions of others from suffering from diseases and permanent disabilities. Routine childhood vaccinations have made such an impact on public health that immunizations are considered one of the greatest medical achievements of the 20th century. Through the introduction of routine vaccinations many diseases are becoming rare in the U.S.; however, the viruses and bacteria that cause them still exist. Vaccination is the best way to protect our communities!

Immunization Program

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The Jackson County Public Health Department (JCPHD) continues to educate and encourage routine vaccinations among all ages within the county. Reminder/Recall letters continue to be mailed out monthly for each child that reaches 15, 18 and 21 months of age and 11 and 12 years of age. WIC Monitoring also continues to be a strong connection in keeping children up-to-date or getting them on a catch-up schedule.

In 2019, Jackson County Public Health had the following successes:

- Immunization Consolidated Contract Objective for 2019 WAS MET!!!! Jackson County's Objective for 2019 was as follows: **"By December 31st, 2019, Jackson County Health Department will work with school health personnel in our jurisdiction to assure that 100% of the required school reports are submitted to the LHD by the 40th school day. If our jurisdiction has >97% of schools reporting for the 2017-2018 school year the objective activities must include those that will impact schools with high noncompliance rates."**
- January-December 2019-JCPHD has a strong ongoing relationship with all school nurses within Jackson County and works routinely with them throughout the school year not only with immunizations but with other health related issues. This strong relationship was the key component to meeting our 2019 immunization consolidated contract objective.
- January-December 2019-Third year that JCPHD offered immunizations to all WIC children that were behind the CDC recommended vaccine schedule during WIC hours. In the past, WIC families were asked to make a separate appointment during a regularly scheduled immunization clinic. With this recent change, the WIC tech will now look up every scheduled WIC child the day before appointment and give vaccine records to the public health nurse (PHN) to review. With parent approval, the PHN will provide immunizations during the WIC clinic appointment. Will continue to offer for 2020.

- September/October 2019-Joint articles and messages in regards to flu vaccine and prevention of flu from the Jackson County Immunization Summit Coalition (JCPHD, Ho-Chunk Community Health, Krohn Clinic and BRMH) were dispersed throughout the community by own organizations and media outlets.
- October 2019 Completed 3 flu shot clinics for school staff, all children and payable adults in Melrose, Alma Center and Black River Falls, along with numerous clinics at the health department serving Jackson County employees and community members. A flu shot clinic was also held at Gross Motors in Black River Falls for their employees.
- October 2019 Completed school age immunization clinics at all 3 school districts to catch children up on mandated school age immunizations (Dtap, polio, MMR, Varicella, Hep B, tdap).

The JCPHD also provides immunizations to both adults and children through regularly scheduled immunization clinics and/or by appointment. Vaccines for children are provided by the state Vaccine for Children Program and are made available to children free of charge. This program is a resource for families that are uninsured or whose insurance does not pay for vaccine. Vaccines for adults are provided for a nominal fee. The following are statistics comparing 2019 to 2018:

Immunization Statistics	2019	2018
Childhood Client Visits	475	475
Childhood Immunizations Given	566	562
Child Flu Shots/Mist Given	394	387
Adult Client Visits	412	374
Adult Immunizations Given	433	381
Adult Flu Shots Given	393	361
Total Client Visits	887	849
Total Immunizations Given	999	943

Birth to Three

Birth to 3 is Wisconsin's early intervention program for infants and toddlers with developmental delays and disabilities and their families. The Department of Health Services oversees the Birth to 3 Program in Wisconsin and has rules (HFS 90) that specify the program requirements.

The Birth to 3 Program is for children ages birth to 36 months. Eligibility is based on a diagnosed disability or significant delay in one or more areas of development.

Birth to 3 Statistics	2018	2019
Children Referred to the Program	109	104
Children Screened	91	82
Children Evaluated	17	25
Children and Families that received ongoing Birth to 3 Services	19	23
Children & Families referred for Infant Mental Health Services	6	11

Child Safety Seat Program

In Jackson County, the majority of child safety seats have been installed incorrectly. Generally, children must be properly restrained in a child safety seat until they reach age four and 40 lbs. and in a booster seat until they reach the height of 57 inches.

In 2019 Public Health received a total of $4,900.00 in grant funds. This includes $2,000.00 from Black River Falls Area Foundation, $400.00 from Jackson Electric Cooperative and $2,500.00 from the Theisen's Community Grant. These grant funds will be used to purchase child safety seats for low income families that live in Jackson County.

This program started at the end of 2006. Since then we have received $59,900 in grant funds to purchase seats, have checked 830 child safety seats, and given 660 seats to low income families.

In 2019, 38 car seats were checked and of that, 32 new seats were given to low income families.

Any family who lives in Jackson County may get a free child safety seat check by a certified technician by making an appointment with Public Health, the Ho-Chunk Nation, Black River EMS, or Black River Memorial Hospital. For more information on the Child Safety Seat Program, call Anita Leis at 715-284-4301 ext. 301, Heidi Krenz at 715-284-4301, ext. 385 or Carrie Macias at 715-284-4301, ext. 385.

Fluoride Mouth Rinse

Fluoride Mouth Rinse –2019

Cavities are the 2nd most common health disorder in the United State according to the National Institute of Health (the first is the common cold). Cavities have been reduced dramatically over the past several decades and the key reason:

Fluoride

- ✓ Reduces cavities between 20 –40% in children and 15-35% in adults.
- ✓ Repairs the early stages of tooth decay even before the decay becomes visible.

Jackson County Public Health works with the 5 elementary buildings in the 3 Jackson County school districts to provide a school-based fluoride mouth rinse program to grades 1-3. In 2018-2019 this program supported over 900 Jackson County elementary school children in "swishing" weekly with a 2% sodium fluoride solution. This program addresses our local community health plan objective related to chronic disease prevention by reducing tooth decay.

Child Care Certification

Child Care Certification

In the State of Wisconsin families have the option to find care for their children

1. with a relative,
2. with a friend who legally can care for ONLY 3 children unrelated to them,
3. Or in with a Certified or Licensed Childcare provider or center; a.k.a. Regulated Childcare

Jackson County Public Health certifies family childcare providers, ensuring children are provided a safe, clean and nurturing environment. Benefits to certification include enrollment in Child Care Food Program, eligible to care of children's whose families receive subsidy, become part of the state referral list, assistance, information and training from Young Star, the Food Program, your Regulated and others.

During 2019, Jackson County lost one certified provider but added two new providers, resulting in 4 certified providers. There were 12 interested potential providers that did not complete the process for one reason or another. 4 followed through with application and paying the application fee but for personal reasons dropped the process. 8 individuals dropped the process after initial orientation and taking their packet home.

Throughout 2019 Jackson County Public Health continued to be a key partner in the Child Care Taskforce that has been working over the last couple years to find a solution to Jackson County's Childcare Desert status that has resulted in workforce issues. It is a slow process but moving forward steadily. During 2019, the group met with DCF Secretary Emile Amundson and her team and other state groups/counties working on their childcare issues. We were introduced to the Shared Services Network Model that is led by Wisconsin Early Childhood Association (WECA). The model is happening in other parts of the state and has increased the number of children receiving development screenings, improved their curriculums, resulted in quality consistent care and early childhood education and decreased staff turnover by 7% for that cooperative. The model is more of a template and can be what we and its members need it to be. The group liked the idea and has been pursuing more information and putting pieces into place to develop a similar project here. The group completed its feasibility study and is creating its business plan. We have broken into sub-committees to be more productive. Jackson County Public Health has someone on 3 of the 4 committees.

Maternal Child Health (MCH)

Jackson County Public Health MCH program provides an informal parent and baby home visit from a Public Health Nurse (PHN) to assist women with resources prenatally and with families after the birth of their baby; whether it is their first baby or they have other children. Resources provided include support, assistance with insurance, establishing an OB medical home, prenatal and postpartum education, baby weight checks, health teaching on parenting and child development and referral to community services. We strive to improve breastfeeding success and ensure infants have the best start possible for them. Referrals are received from clinics, hospitals, WIC, Children & Families Unit, birth record review, and self-referrals. All these services are voluntary.

Birth Records Received and Reviewed in Jackson County	2017	2018	2019
	197	196	205

In 2019, 45 women, children and their families were assisted through MCH programing prenatally, postpartum or for lactation services. 24 families were assisted as follow up to a referral received. 7 of the referrals were received as a Prenatal through Postpartum referral, 17 were Postpartum or Lactation Consultation referrals. All 205 birth records reviewed, 73 birth records received a phone call and/or letter of congratulations and support with a packet of newborn and parenting information. 25 called back for further support.

For the last 3 years the Maternal Child Health Block grant focus has been Youth Suicide Prevention. Jackson County Public Health has joined efforts with our community partners in Suicide Prevention. QPR (Questions-Persuade- Refer) Gatekeeper training has been a huge part of this ongoing initiative. QPR is a suicide prevention technique that provides education to trained lay and professional "gatekeepers" about the warning signs of a suicide crisis and how to respond. In 2019 all 3 schools participated in the training; resulting in at least 280 students being reached.

Another ongoing initiative is the Youth Risk Behavior Survey (YRBS, which has been administered to the recommended age groups in two Jackson County School Districts in the past. In 2019 the survey was managed by the Department of Instruction (DPI) and was expanded to include all students grades 6-12. All three school districts in Jackson County participated. This is exciting because for the first time in almost a decade we have data for the whole county to guide our prevention efforts as we moved into 2020.

We will be keeping the focus of Keeping Kids Alive in 2020!

Childhood Lead Poisoning Prevention

Childhood Lead Poisoning

There is no safe level of lead in the human body Lead exposure can affect nearly ever system in the body and is dangerous for all ages. It is most concerning in the age group that is growing; children. Even very low levels of lead exposure can cause permanent brain damage and negatively affect health throughout a child's life, especially those between 6 months and 6 years of age. Many lead hazards still exist in homes and the environment, including paint, vinyl mini-blinds, chalk, candlewicks and others. These hazards are commonly present during paining and remodeling of pre-1978 housing

The CDC defines a reference level of 5mcg/dl to identify children with elevated blood lead levels. These children are exposed to more lead than most children. The department provides follow- up and consultation by a Public Health Nurse (PHN) for children with elevated blood lead levels (5mcg/dl or greater) and by an Environmental Health Specialist (EHS) for children with elevated blood lead levels (10 mcg/dl or greater). Follow-up may include phone calls, home visits, consultation with the primary health care provider and a home lead risk assessment. The ultimate goal is to reduce environmental lead exposure and lead poisoning. Below is chart of number of blood lead tests conducted on county children with results.

Going into 2019 there were 9 children being monitored for reduction in their blood lead levels. There were 197 Jackson County children screened for lead for the first time. This resulted in 8 new cases needing nursing case management and follow up. All these children's cases were managed and handled by Public Health Nursing and did not require assessment by the Lead Assessor Certified Environmental Health Specialist this year.

Food Safety and Recreational Licensing

The Jackson County environmental health program is beneficial for both the health department and the community in order to more effectively provide public safety services within the health department's jurisdictions. Some of the benefits include a faster and closer response and delivery of services, assurance that all facilities are monitored and inspected at least once a year, available consultation with any questions, and a greater awareness of what is going on in the regulated community.

The environmental health program is responsible for the licensing, and inspection of restaurants, hotels, tourist rooming houses, bed and breakfast establishments, vending machine operations, campgrounds, recreational-

educational camps, temporary food establishments, tattoo and body-piercing establishments and public swimming pools within Jackson county. This program helps to protect public health through education, enforcement of state statutes and administrative codes, and promoting sanitary practices in public establishments.

The environmental health program continues to issues licenses and inspect all establishments listed above that operate within the County's jurisdiction. Jackson County currently has 219 facilities that are inspected and licensed annually.

Licensing Hot Topics for 2019

Are You Renting Out Your Property?

Owners thinking of renting out a room, home, second home, investment property, cabin or basically any structure for overnight stays to the general public for a fee may not be aware of what they must do, by law, or what they may want to do to protect themselves, their property, and the guests paying to stay there. The Wisconsin Department of Agriculture, Trade and Consumer Protection (DATCP) requires all lodging facilities in Wisconsin to hold a current license.

DATCP has several definitions for types of lodging facilities. They include:

• Hotel - A hotel is defined as "a place where sleeping accommodations are offered for pay to transients, in 5 or more rooms, and all related rooms, buildings and areas."
• Motel - Means the same as a Hotel except that guest parking is provided on premise as part of the room charge.
• Tourist Rooming House (TRH) - A TRH is defined as "all lodging places and tourist cabins and cottages, other than hotels and motels, in which sleeping accommodations are offered for pay to tourists or transients."
• Bed and Breakfast (B&B) – A B&B is defined as "any place of lodging that provides 8 or fewer rooms for rent to no more than a total of 20 tourists or other transients for more than 10 nights in a 12-month period, is the owner's personal residence, is occupied by the owner at time of rental, and in which the only meal served to guests is breakfast."

Begin the process by contacting the Jackson County Environmental Health Specialist and Jackson County Zoning to determine if your property is eligible to engage in commercial activity and acquire needed licenses. Information will be provided to walk you through the process and help you determine the best license for your lodging operation.

Thinking of Summer? Think Pool Safety.

Jackson County Public Health works closely with operators of public pool establishments to ensure that these facilities are safe for public use. Jackson County Public Health promotes education of pool operators and swimmers and monitors water quality with the addition of a new county water lab and pool testing equipment. However, pool safety is just not for the pool operators and pool inspectors, it's also about the swimmers. Below are a few steps according to CDC to protect your health and the health of your family and friends.

1. Don't swim or let your kids swim if sick with diarrhea.
2. Shower before you get in the water.
3. Don't pee or poop in the water.
4. Don't swallow the water.
5. Every hour—everyone out!
6. Take kids on bathroom breaks.
7. Check diapers, and change them in a bathroom or diaper-changing area—not poolside—to keep germs away from the pool.

These steps will help you protect yourself and your loved ones while maximizing the health benefits and swimming enjoyment. For more information on pool safety visit www.nspf.org.

Public Inspections Completed:

	2015	2016	2017	2018	2019
Restaurants	71	83	80	101	97
Agriculture Facilities (Retail)	18	19	28	38	32
Hotels/Motels/Tourist Rooming Houses	18	31	33	36	42
Swimming Pools/Water Attractions	15	19	18	11	22
Campgrounds	19	24	21	25	24
Tattoo/Body Piercing Establishments	2	2	2	2	1
Temporary Food Stands	14	8	9	2	2
Schools	15	16	16	8	8
Recreational Camp	1	1	1	1	1

Jackson County Laboratory

Test Your Private Well Annually

Make sure you're serving your family safe drinking water. While most private water wells in Wisconsin provide safe drinking water, some may become contaminated with bacteria and other pollutants that are not filtered out when the water soaks into the ground.

Number of Private Wells Tested in Jackson County	2015	2016	2017	2018	2019
	68	76	92	74	77

Recommended Testing

Jackson County recommends you test your private well at least once a year for coliform bacteria contamination and any time you notice a change in how the water looks, tastes or smells. Even if your water looks, tastes and smells good. It can contain harmful bacteria and viruses.

You should have your well tested for nitrates, especially if you have a child under 6 months of age. Nitrate levels in drinking water poses a risk to infants because they may cause methemoglobinemia, a condition known as "blue baby syndrome".

Private Well Testing Statistics for 2019
77 well samples for Bacteria ~ 8 tested positive for Coliform, 1 positive for E. Coli
33 well samples for Nitrate ~ 6 samples came back greater than 10 ppb
8 well samples for Arsenic ~ None were above the acceptable limit*

* The Public Health Standard for Arsenic is 10 ug/L. The highest result from Jackson Co. was a 1.5 ug/L and that result is between the Lab's LOD and LOQ. In combination with the LaCrosse Co Health Depart and CDC grant

Transient Non-Community (TNC) Water Systems

In 2011, Jackson County signed a contract with the DNR to monitor all Transient Non-Community (TNC) water systems. TNC systems are public facilities on well water that serve 25 or more people 60 days of the year. This include churches, taverns, motels, restaurants, convenience stores, parks and campgrounds.

	2016	2017	2018	2019
Number of TNC Wells Sampled in Jackson County	86	85	84	85
Number of TNC Well Evaluations Completed	17	18	19	22

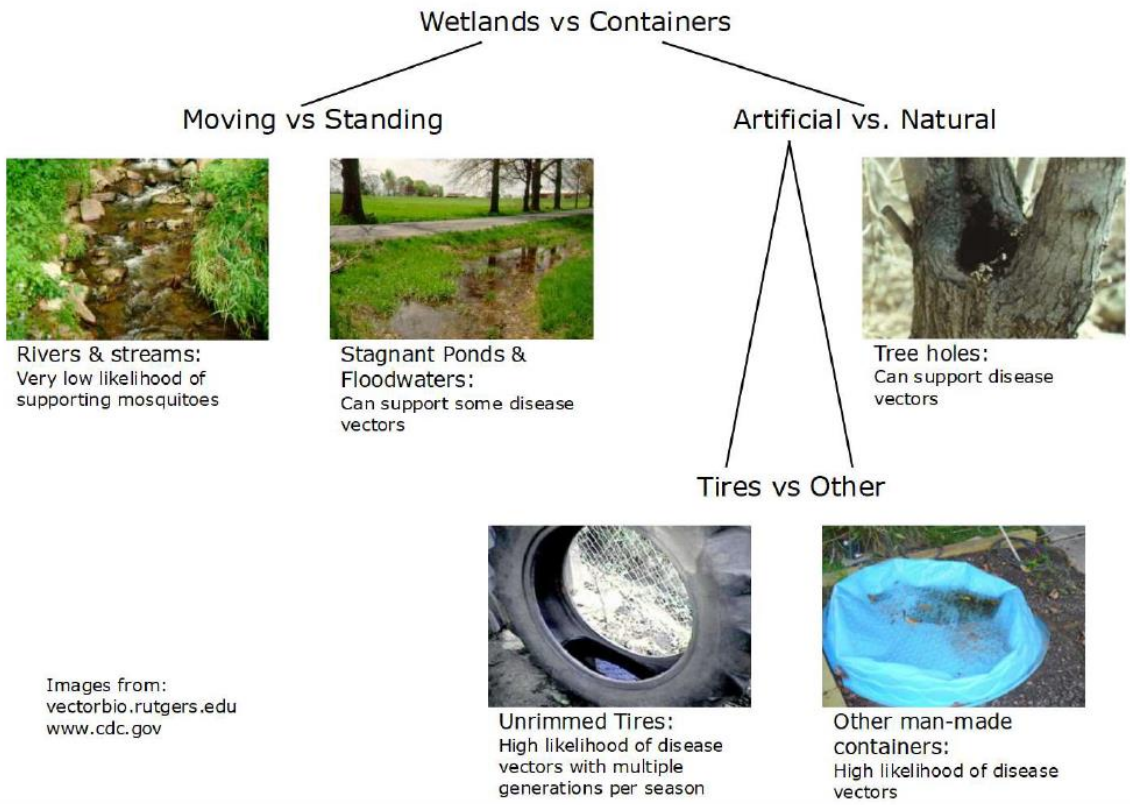
Additional 2019 TNC Water System Monitoring Statistics...

- 30 Seasonal Sites
- 63 Annual Site Visits
- 1 Annual Education
- 2 Unsafe Wells requiring follow-up and 2 Nitrate Monitoring

Vector Control

The Health Department contracts with a company called Driftless Region Vector Control, LLC to monitor for mosquito breeding sites around residences and businesses in our county each year during the spring and summer months. The goal of the mosquito abatement program is to decrease the presence of mosquitoes and mosquito-borne disease transmission though-out the region. This is done by canvassing communities and identifying locations that may contain potential habitats for disease-related mosquitoes. When a possible site is found, field staff attempt to make contact with the property owner and explain the situation and how to properly remedy the issue. With permission, they also take a closer look and treat the habitat with a safe larvicide. Communication and education play a major role in the mosquito abatement program. If public awareness of disease-related mosquito habitats (e.g. unrimmed tires and containers) increases, then the prevention of this issue in the future will also increase. We encourage residents and business owners to use source reduction. This involves removing water sources that are needed to sustain the life cycles of mosquitoes. Although the larvicides used to treat containers are safe to non-target organisms, it is only a temporary solution. Because of this, education is the most important and longest lasting method of abatement.

Wisconsin is home to over 50 species of mosquitoes, but only a select few are of significant importance to human health. Most of those lay their eggs in stagnant water, containers or tree holes. The diseases we are attempting to prevent by these control measures are La Crosse Encephalitis, West Nile Virus and Jamestown Canyon Encephalitis, all of which have the potential for neuro-invasive disease and severe complications such as seizure, cognitive problems, paralysis, coma or death.



2019 Canvassing Results for Jackson County

Communities canvassed included: Alma Center, Black River Falls, Brockway, Hatfield, Hixton, Melrose, Merrillan, Millston and Taylor). Sites found received an initial check and one recheck.

Initial Sites Found:		**Increase/Decrease from 2018**
Business:	41	[+ 5.56%]
Residential:	66	[-35.16%]
Total:	107	[-23.62%]

Non-compliant Sites Treated During Recheck:

Business:	7	(46.67% of initially non-compliant sites) [+5.39%]
Residential:	2	(4.76% of initially non-compliant sites) [-1.77%]
Total:	9	(15.79% of initially non-compliant sites)[-0.77%]

% Compliant Sites - Initial Check vs. Recheck :

Initial:	21.50%	[-8.57%]
Ending:	47.22%	[+7.21%]
Change :	25.72% increase in compliance	[+12.63%]

HEALTH PROMOTION & INJURY PREVENTION

Tobacco Prevention

Tobacco Prevention and Control –2019

Jackson County Public Health, Black River Memorial Hospital, UW Extension, and the Ho-Chunk Nation have partnered for the past 19 years forming the Jackson County Tobacco-Free coalition. This coalition continues to be active responding to new and emerging tobacco products. 2019 focus activities included:

Preventing Youth Initiation

Vaping /JUUL Presentations

- With the epidemic of vaping efforts to education students, parents, teachers and all community members was a priority in 2019
- Efforts included countywide Dangers of Vaping presentations to student athletes, all middle school students as well as for all 350 freshmen
-

TATU (Teens Against Tobacco Use)

- This was the 20th year of this peer education program that trains 35 local teens that present an anti-tobacco message to 350+ fourth grade students throughout the county. The materials were enhanced to include information about the new trend of vaping.

Tobacco Cessation

- INDEPTH- this is an American Lung Association youth vaping cessation program and was piloted in December 2019 at one local school.
- Tobacco Treatment Specialist (TTS) – TTS are available to provide education and support for individual and group cessation & are available at both Black River Memorial Hospital and Ho-Chunk Nation.

Melrose-Mindoro
Teens Against Tobacco Use

ACHM-Poster Winner

Chronic Disease Prevention

"Healthy Living Matters"
Diabetes & Wellness Fair
November 9, 2019.

Ho-Chunk Healthcare physician Dr. Neil Cox spoke on "Heart Disease, Diabetes, and Dementia, Oh My!! And Kathleen Clemons, exercise physiologist presented a session entitled "Move and Groove".

The event was held at the Lunda Community Center HUB and was well received with over 75 attendees. This event aligns with the Public Health Community Health Improvement Plan working toward Healthy Eating/Active Living and Chronic Disease Prevention for Jackson County residents.

2019 Diabetes Fair Planning Group

Living Well Workshops

In April of 2014, Jackson County Public Health (JCPH) in collaboration with the Jackson County Aging Unit, Black River Memorial Hospital and Interfaith Volunteer Caregivers started its journey with the Wisconsin Institute for Healthy Aging when Tammy (Danielson) Handly and Kristi Hanson were trained to be leaders in the **Living Well With Chronic Disease** Workshop Program. Since then Handly and Hanson have been trained in **Healthy Living With Diabetes** (2017) and most recently **Healthy Living With Chronic Pain** (2019).

All three programs follow a similar format developed by Stanford University. Each workshop is led by two peer facilitators and meets for 2 ½ hours, once a week, for 6 weeks in a row. Each workshop empowers people to take back control of their health through a variety of topics and sharing with others in a supportive group environment.

JCPH offered a Healthy Living With Chronic Pain workshop to the community in June 2019, however, was canceled due to low enrollment. A workshop is being planned for 2020.

Public Health Preparedness

Jackson County Public Health (JCPH) continues to work to improve its ability to respond to public health emergencies and events. We receive funding from the state to assist with Public Health Emergency Preparedness each year. The following is a list of some of the activities that have occurred to meet the objectives.

- Quarterly- JCPH participate in Western Wisconsin Healthcare Emergency Readiness Coalition (aka HERC) meetings. Wisconsin has 7 regional HERC that were established from funding from the CDC in 2014 to coordinate public health, emergency management, emergency responders and health care institutions in their efforts to enact a uniform and unified response to emergencies; including but not limited to, mass casualties, environmental catastrophe or pandemic disease events.
- Continue to collaborate with our local partners in updating our Jackson County Public Health Emergency Preparedness Plan. One significant MOU is between Ho-Chunk and County public health staff to assure adequate coverage in filling crucial public health preparedness roles.
- February and November: new JCPH staff completed the ICS training required for a running an Incident Command Center.
- April 4, 2019: JCPH went to Madison to participate in the Family Assistance Center Tabletop Exercise. At the drill the group role played and actively enacted a reunification process of children and families.
- February 25, 2019: JCPH participated in a Shooter Tabletop Exercise at Black River Falls School District. At the drill we assured the BRFSD we would be there to assist and the roles we could play.
- June 20, 2019: NIMS (National Incident Management System) Position Specific training in Lacrosse. The whole team went and had an opportunity to work through and learn tips to effectively handle the role they would have in a Public Health Emergency event.
- July 11, 2019: POD (Point of Dispensing) training. Each county is responsible for handling medication/vaccination distribution needed in a Public Health Emergency. Jackson County has just over 20,000 people. The creation of PODS allow for capable partners in the community to help us if that task arrives. This training was for public health agencies in Region 4 to learn how to set up these MOU and train their staff.
- August 6, 2019: RAVE training. RAVE is an alerting system that uses text messaging that also communicates emergency notification via voice broadcasts, email, and social media. JCPH was trained to use this system that is used by the state of WI.
- Sept 4, 2019: MRC (Medical Reserve Corps) Unit Management training: The MRC manages a volunteer pool of individuals who have been trained, vetted and are ready to assist in an emergency. Volunteers are key to an emergency work force but having to complete background checks and training at the time of an emergency is often an impossible task if not a barrier to timely response. So, MRCs exist to minimize the risk of this happening. Jackson County met with the Region 4 public health agency partners to learn about the area MRC, activation of, and how we can partner to better it.
- November 13, 2019: JCPH participated in a Shooter Tabletop Exercise at Mel-Min School District. At the drill we assured the MMSD we would be there to assist and the roles we could play.
- Bi-monthly JCPH participate in state-wide Emergency Preparedness update calls

WIC: 2019

WIC (Women, Infants and Children) keeps families eating healthy foods - WIC provides healthy food, a nutritionist's support, and guidance on how to shop for, prepare and incorporate healthy meals into participants' lives.
That is something only WIC can deliver.

HOW DO WE DO IT?

Breastfeeding Support

Promoting breastfeeding as a critical component of early nutrition.

A growing body of research indicates that the foundations for lifelong health, including predispositions to obesity and chronic diseases, are largely set during pregnancy and infancy. WIC promotes and supports breastfeeding as a critical component of early nutrition.

Nutrition Education

Learning healthy habits through face-to-face and online classes.

We give our participants access to healthy food and teach them how to use it to nourish their families.
WIC requires grocery retailers to stock a minimum of 10–20 kinds of fruits and vegetables for WIC participants. This has increased community access to these foods.

Community Resources

Connecting families with healthcare support.

Through referrals, WIC connects families with support beyond what we provide.
WIC puts families in touch with the services, specialists, and health care providers they need to be healthy across ever facet of their lives.

Referrals made through WIC Services Total – 114 Families

Birth to Three
Car Seat Program
Children and Youth with Special Health Care Needs Regior
Dental Services
Food Pantry
Food Share
Head Start/Early Head Start
Medicaid/Badger Care Plus
Healthy Beginnings/PH Nurse
Smoking Cessation Program
Well Water Testing
W2 Program

2019
YEAR IN REVIEW

658

Jackson County women, infants, and children were served by WIC.

164 Women
494 Infants and children

Breastfeeding Duration	Jackson County	Statewide
1 week	73.7%	67.9%
1 month	75.9%	72.8%
3 months	57.0%	57.0%
6 months	44.0%	36.8%
12 months	24.1%	16.6%

$236,299

in WIC benefits were spent at Hansens IGA and BRF Walmart this year.

FARMERS MARKET NUTRITION PROGRAM

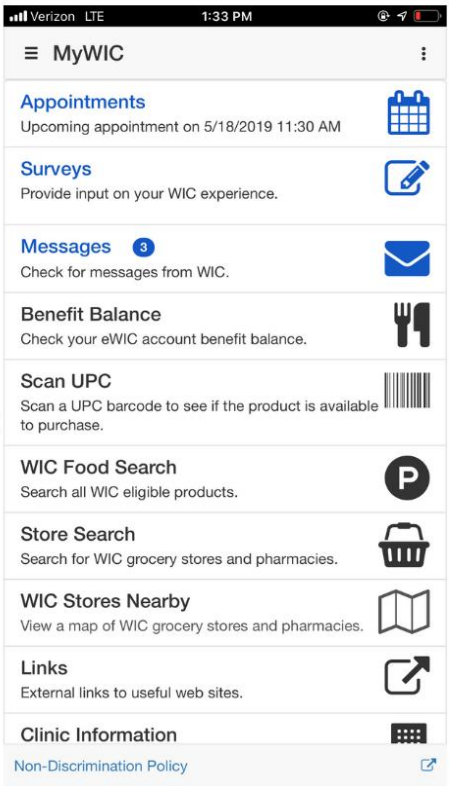
Each WIC family is offered $35.00 to participate in the FMNP program throughout the state of Wisconsin. $1,654.00 by the Jackson County WIC Clients

eWIC

All WIC benefits are loaded each month to a electronic benefit card, known as eWIC.

Wisconsin WIC offers a free smartphone app, called MyWIC, to eWIC cardholders.

The app helps families keep track of their benefits and find the right foods at the store by scanning the UPC to see if it is a qualifying WIC code.



JACKSON COUNTY

WIC's Alignment with the Jackson County Community Health Improvement Plan

Healthy Eating/Active Living for Chronic Disease Prevention

WIC FOODS are nutrient-dense, low-fat and low-sugar foods that support healthy weight and growth in pregnancy and throughout early childhood.

WIC SUPPORTS the Centers for Disease Control and Prevention's recommendations for obesity prevention by promoting healthy pregnancies, breastfeeding, quality nutrition and physical activity for young children.

Access To Health Care Services

WIC ASSISTS pregnant moms with no insurance to obtain Badger Care as well as encourage parent/guardians to attend well child appointments at least annually.

Reduce harm associated with alcohol and substance abuse

WIC SCREENS all pregnant and postpartum women for risk factors associated with alcohol and substance abuse and refers as needed.

FIT FAMILIES

- 15 families participating in the program – monthly contacts with Registered Dietitian
- Community Event Sponsor – Promoting a healthy lifestyle

Core Messages:

Move More…Watch Less

Encourage Fit Families participants to engage in active play or physical activity for at least 60 minutes every day and to reduce screen time to two hours or less each day.

Make Every Bite Count…More Fruits and Vegetables

Encourage child and their parents to eat the recommended amount of fruits and vegetables each day.

Make Every Sip Count…More Healthy Beverages

Encourage Fit Families to reduce or eliminate use of sugared beverages.

fit families

OTHER FUN ACTIVITIES THROUGH OUT THE YEAR

Pace and Pedal

Pace & Pedal is a family fun fitness event held through collaboration from community agencies of
JACKSON IN ACTION COALITION
Ho-Chunk Nation, Jackson County Forestry & Parks, Together for Jackson County Kids,
Jackson County Public Health
And planning and leadership from Black River Memorial Hospital.

140 Review

Patriot Award Presentation

Jackson County Fair Displays

National Night Out

Halloween Costumes