

Key Programs and Projects

Farm Management Topic Hub

Efforts to streamline the farm management web presence at the state level began this month. We will be consolidating the three current webpages to one unified Topic Hub. I am assisting with content development in the area of succession planning as well as reviewing past resources to determine which remain relevant. I will be working with tech services to integrate webinar videos into the hub that complement the information being included on the page.

World Dairy Expo Booth

I attended World Dairy Expo in Madison to assist with our Dairy Team booth. We are currently working with Dr. Jennifer Van Os, Animal Welfare Specialist, to collect data for a calf dehorning study. There are multiple methods for dehorning calves, some more preferred than others. The goal of this study is to determine trends in methods throughout the state as well as what pain mitigation techniques, if any, are being utilized. This information can then be used to help direct producer education.

Community Garden Update

This past August Cami and I applied for multiple grants in an attempt to support the efforts to mitigate flood damage at the garden. This month we were notified that the garden was awarded a \$900 Lunda Charitable Trust Grant along with a \$500 Theisen's grant. Work has begun to utilize these funds to convert the garden plots to raised beds. Our goal is to install beds in half the garden this first year as a test phase. While not a permanent fix, raised beds will help prevent crops from flooding out for the next several years.

Other Programs, Projects and Meetings

MG Annual Report

FSA Meeting 10/1

Mid-Year Review 10/2

BQA Train the Trainer 10/7

Dairy Promotion Committee 10/8

Final Cohort Zoom 10/9

Ag Institute Zoom 9/9

Farm Couple DATCP Meeting 9/9

Succession Program Planning 9/10

FARM Team Zoom 10/11

HRM Workgroup Meeting 10/15

Dairy Team Zoom 10/18

New Colleague Program Area Check-In 10/23

Responsible Conduct of Research Training 10/24

Superior Fresh PAT Proctor 10/28

Community Garden Meeting 10/29

Nitrogen Rate Plot Harvest 10/31

Farm Visits/Consults

Lamen-SSC Testing 10/1

Hertzfeldt-Custom Rates 10/3

Thorson-Livestock 10/8

Lasiter-Frost Seeding 10/8

Kaul-Silage Quality & Pricing 10/8

Akern-Goat Health Reqs. 10/9

Banner Jour.-Animal Mort. 10/11

Bue-Soils 10/16

Boe-Moisture Conversions 10/21

Zielsdorf-Soils 10/22

Tubbs-Insects 10/22

Kraemer-Winter Rye 10/23

Pfaff-Feed Cost Benchmarking 10/29

Health and Well-Being

Karla Gearing

October 2019 Highlights Report

Outreach: Building New Connections and Enhancing Current Community Partnerships –

To establish relationships within the context of the newly defined position of a Health and Well-Being Educator, open discussion meetings were held to connect with a number of stakeholders in the community. An example of these meetings would include conversations with the following;

Amy Hunter – School Mental Health Navigator

Lori Carlson – JAG educator with Black River Falls High School

Lori Chown – Interfaith Care Givers

Heather Quackenboss – Human Development and Relationships Educator with La Crosse County

Program Updates

- **QPR** – The facilitation team has met and fine-tuned the program that we will be implementing to all schools districts in Jackson County during the month of November.
- **Strengthening Families** – We have been running the program through the month of October and have between 40-45 participants attending on a weekly basis. The MSFP 10-14 Program will be concluding on November 12th and the SFP 4-10 will run until December 3rd.
- **TFJCK** – the coalition continues to grow and develop leadership participation. Monthly meetings continue to be held to update members on programming and discuss community trends.
- **Taking Care of You** – shadowed a presentation given by Monica Lobenstein in Mauston, WI to their Advanced Leadership Program participants.

Other/Orientation/Training

- **QPR Facilitator** – continuing to pursue certification through the 8 hour online course to be able to facilitate QPR.
- **Servant Led Community** – will be attending a once a month meeting with other community members for the next 3 months
- **Taking Care of You** – preparing for formal training that will occur November to be able to facilitate program in the community.
- **Onboarding** – continue to have monthly meetings with mentor and UW-Extension liaison
- **Jackson County's RTIC: Resilient Trauma Informed Community** – committee with the Black River Falls School District to implement community based initiatives to promote resiliency in the community.

FoodWise Projects, Events & Professional Development - April Duval, Coordinator:

- State wide Fit Families training with WIC staff
- Jackson in Action Nutrition Sub Group meeting
- FoodWise Curriculum Workshop: inclusive education
- Webinars: FoodWise: Food Label updates, Responding to Child Hunger in Our Community
- Extension Professional Development system training, Agreement Approval webinar
- Western Dairyland Head Start new staff training: I presented a poverty sensitivity session.

FoodWise Nutrition Education Programming in Jackson County - April Duval, Coordinator:

School	Grade	# of Classrooms	# of Lessons	Lesson Topic
Forrest Street	4K (AM and PM Sections)	5	3	Fruits and Vegetables
Jackson County Head Start	4K	1	3	Fruits and Vegetables
Lincoln Elementary	4K	3	3	Fruits and Vegetables

Community Programming: Head Start Parent Program: Cooking Matters Grant: 8 adults

Hack Your Snacks: Must have tips for easy and healthy family snacks: Discussed tips for saving time and money when buying and preparing healthy snacks. Practiced making a healthy snack: Banana Pudding in a Bag and Veggie Hummus Wrap and they went home with all the grocery items needed to make them again at home!!

