

**Jackson and Trempealeau Counties Extension Education Committee
FoodWise Report for 7/1/2022 – 7/30/2022**

FoodWise Projects, Events & Professional Development - April Duval, Coordinator:

- Nutrition Educator, Sandy Witte, retired July 11th.
- Hiring process for 80-100% Bilingual Nutrition Educator position, office in Trempealeau County. Position posted. Application close date: August 4, 2022.
<https://jobs.hr.wisc.edu/en-us/job/514349/foodwise-bilingual-spanishenglish-nutrition-educator-trempealeau-co>
- Preparations for onboarding new hire: lesson plan updates and prep packets of lesson materials for 4K, 2nd and 5th Grade, computer file organization, etc.
- Preparations for LatinX focus group with UW-Madison Population Health Institute:

Do you:

- Consider yourself part of the Latino/Latinx/Hispanic Community?
- Do most of the shopping and cooking for your family?
- Receive/eligible for federal assistance?

Tell us about your experiences
with access to Healthy Food
and Physical Activity.
We want to improve your community's options.

YOUR VOICE MATTERS
Earn a
\$50 gift card

WHAT TO EXPECT

- One 90-minute small group conversation
- Conversation led in Spanish
- Confidential audio recording
- No ID required
- Activities for the kids

WE ARE LISTENING

DATE: Saturday, August 20th
TIME: 10 am to 11:30 am
LOCATION: Pietrek Park
N31500 State Rd 93
Arcadia, WI 54612

TO RESERVE YOUR SPOT
CALL Monica at 608-323-5985 or
Tami at 715-538-2311 Ext 208
SPACE IS LIMITED

Upcoming FoodWise Direct Education by April Duval, Nutrition Education Coordinator:

- A series of four lessons with tenants at Partridge Run Apartments, Black River Falls and Parkview Apartments, Independence.
 - Making Healthy Choices on a Budget
 - Make Life Simpler with Meal Planning
 - Smart Shopping for Fruits and Vegetables
 - Smart Shopping: Tips and Strategies to Save Money at the Grocery Store
- Poverty and Food Insecurity Presentation for Western Dairyland Head Start new staff



Please Note: April is at a 60% position June 6th to August 28th and is using vacation time during summer months.



Extension

UNIVERSITY OF WISCONSIN-MADISON

UW-Madison Division of Extension Jackson County Educator Summary

Karla Gearing – July 2022

Major educational and research activities

Continued programming at the Boys' and Girls club for the duration of the summer on Wednesday afternoons. The Botvin Life Skills curriculum will be used to enhance the coping skills and promote healthy decision making of Jackson County youth. There are 2 separate student groups, one group of 2nd-4th graders and a group of 4th – 6th graders for a total of 50 youth.

Presented two different sessions of the virtual program Supporting Youth in Mental Health statewide training to 4-H adult volunteers. This presentation is a required training for those volunteers to chaperone overnight, Extension sponsored, 4-H events. Participants learn how to identify common mental health symptoms present in youth and how to effectively respond to a mental health crisis. These presentations occurred on the 8th and 19th for a total of 16 participants.

Began working with community partners to effectively navigate a positive relationship with the general community and the school district of Black River Falls. This workgroup is taking a PSE type approach to forming a supportive network around school staff, students, and creating a learning environment that supports the well-being of all involved with school district. We had 3 meetings in the month of July to formulate the focus and priorities of this group while establishing the logistical creation of the group's structure, members, meeting schedule and avenues of funding.

