

Jackson County Extension & Education Communication Committee



4-H May 19th 2020- June 16th 2020

4-H Highlights

During the past couple of months 4-H programming has been put on hold. With limited internet connection through out the county virtual meetings have been difficult to hold with low attendance. Currently the state is working in phases to move towards in person programming and meetings. There is some paperwork on my end to make this happen but I think it is worth it. In July we can have 10 people total at a program or meeting, in August it is 50. As we slowly work through the safety procedures required to hold a meeting 4-H will be doing more programming in person.

Volunteers Highlights

Open Office Hours: During the past couple of months I have offered open office hours for volunteers to connect with me. I had a couple people participate from both counties.

VIP Training: Volunteers in Preparation is one of the key required trainings volunteers have to complete in order to be a certified volunteer. The whole state has been trying the offer this online for volunteers so that they can get trained before summer programs. I have had limited participation from volunteers. I am hoping to have an in person one soon.

Key Meetings

- May 20th
 - CWF PI meeting
 - Dean's Zoom
- May 26th
 - Northern regional 4-H Zoom
- May 27th
 - Dean's Covid Zoom
- May 28th
 - PYD Institute Zoom
- June 1st
 - Project Leaders Group Zoom
- June 2nd
 - 4-H Fundamentals Part II
- June 3rd
 - Dean's Covid Zoom
- June 9th
 - Northern Regional 4-H Meeting Zoom
- June 10th
 - Post-Secondary Pathways Meeting
 - Camp in a Bag Meeting
 - Dean's Covid Zoom
 - Needs and Challenges, and support for Latinx Students and Families

- Trempealeau County Virtual Livestock Show
- June 11th
 - State 4-H Zoom
 - CWF PI Promotion Committee
 - Interview with WPR
- June 12th
 - 4-H online 2.0
- June 15th
 - CWF PI Promotion Committee
 - Jackson County Leaders Meeting

**Jackson County Extension Education Committee
FoodWise Report for 5/1/20 – 5/31/20**



Extension
UNIVERSITY OF WISCONSIN-MADISON

FoodWise Projects, Events & Professional Development - April Duval, Coordinator:

- State Harvest of the Month work group calls and tasks
- Cooking Matters Pilot work group call – updated tracking spreadsheet
- Dean’s Extension webinars and calls for supervisors and staff
- FoodWise webinars and Area 9 webinars
- Calls with Nutrition Educator Sandy to discuss programming changes, updates, plans for telecommuting, check in on how she is doing, etc.
- Completed and uploaded weekly telecommuting work plans into the Jackson google drive folder: update weekly and submit. Extension telecommute plan entered and updated for June
- FoodWise FY21 program planning: workbook and budget materials - submit to the state by April 16th for review and made any suggested changes, final proposal submitted.
- 4K and Kindergarten lesson plan reflections and updates to plans – review of curriculum
- Extension website and Facebook page posts and updates on Food Security and Food Safety:

<https://jackson.extension.wisc.edu/nutrition-education/food-security-resources-in-jackson-county/>

<https://www.facebook.com/extension.jacksoncounty/>

<https://www.co.jackson.wi.us/>

- Extension recording results entry: “In response to Covid 19: Food Security and Food Safety information (specifically related to Covid 19) was shared to Jackson and Trempealeau County residents via the Extension websites and Facebook pages. Normal reach of Facebook posts is around 70 for Jackson County. Reach with these posts averaged 359 for Jackson County. An increase in 289 views. Food Safety and Food Security information reach was increased during the Covid 19 pandemic.”

FoodWise Nutrition Education Programming in Jackson County - April Duval, Coordinator:

Please note: All FoodWise educational events are canceled starting March 16th until further notice due to COVID-19

- Teaching event #6 with all above grades was canceled due to school closures for Covid-19
- 5th Grade lessons with Lincoln Elementary were canceled due to Covid-19 school closures
- Head Start Parent Programming: Cooking Matters Grant sessions were canceled due to Covid-19 closures: grant will extend until December 31st.

Note: UW-Extension All Colleague furlough day: unpaid day on May 22nd

Health and Well-Being

Karla Gearing – May 2020 Highlights Report

(Due to Covid-19 related circumstances, weekly work hours were reduced and benefited time utilized during the month of May)

Outreach: Building New Connections and Enhancing Current Community Partnerships.

Attended Rotary Meetings to promote Strengthening Families Program on May 11th. Coordinated Together for Jackson County Kids meeting on May 18th to formulate plan for programming virtually and explore parenting education programs. Much of the time for local needs was spent collecting and reporting data to DPI (Department of Public Instruction) in accordance with the AODA grant that is utilized for the Strengthening Families programs, QPR, and drug prevention we perform locally. This report was due May 31st and the next report is due June 30th. Attended CST (Coordinated Services Team) at JCDHHS on May 11th to discuss local resources for children with special needs during this unique time.

Jackson County Resilient and Trauma Informed Communities

Continues to meet and is exploring online options for ACE's education. This group meets every 2 weeks and has been pivotal in opening a line of communication with the 3 school districts to ensure emotional and social supports are being offered to the families most at risk during the pandemic. We are also looking at how to broaden the scope of programming once social distancing guidelines are lifted.

Taking Care of You –

I continue to work with fellow county educators on 3 separate initiatives within the Taking Care of You curriculum. Developed an online Taking Care of You curriculum that is derived from the original material. These include 30 minute power points that county educators can use to teach stand-alone or weekly classes for specific audiences. These power points are ready to be used and once I have a co-host lined up these courses will be offered to Jackson County residents online. I have also been a part of a group that has developed and organized a Be Well Series which include 2-3 minute video clips and scripts for brief skill building of coping skills and stress reduction techniques. These videos are on the state wide Health and Well-Being Facebook page for Extension and will be shared with the local Facebook page for Jackson County.

Other Zooms/Meetings Attended include:

- Onboarding with UW-Madison Extension – attended **Cohort 6** training on 5/21/2020
- Weekly meetings with Area 9 Colleagues
- Weekly UW-Madison Covid-19 Updates by the Dean Karl Martin
- Behavioral Health Team Meetings with the Health and Wellbeing Institute 5/6/2020
- Health and Well-Being Institute Meetings 5/15/2020

(Professional development for Mindfulness education being pursued in-between meetings through online tutorials and readings such as *The Way of Mindful Education* by Daniel Rechtschaffen)