

Jackson County Extension & Education Communication Committee



4-H March 15th 2020- May 19th 2020

4-H Highlights

There is not much happening in the program currently as we have ever changing guidelines to follow which has forced some of our in person programming to be cancelled. We are currently following the Badger Bounce Back plan. I have been working from home per the Dean's suggestion and have visited the office when necessary.

Volunteers Highlights

Trempealeau and Jackson County Visioning Session: This was a great opportunity for both adult leaders' boards to meet me, talk about the programs they have and the support they will need. I felt this went well as I was able to get to know the wants of the counties and find ways to support them early.

Key Meetings

- March 18th Dean's Exchange on Covid-19 Zoom
- March 19th Positive Youth Development (PYD) Colleague Connect Zoom
 - Area 9 Zoom
 - Volunteer Development Zoom
- March 23rd Trempealeau County Committee Meeting
- March 24th 4-H Online Zoom Training
 - Volunteer Development Zoom
 - Dean's Covid-19 Update
- March 26th PYD Covid-19 Zoom
 - Area 9 Meeting
 - 4-H Camp Kinnissippewa Zoom
- March 31st Club Leader Support Meeting
 - Multi County 4-H Meeting
- April 1st Dean's Covid-19 Zoom
- April 2nd Meeting with Jennifer
- April 6th Project Leader Support Zoom
- April 8th Post-Secondary Pathways Team Zoom
 - Dean's Covid Zoom
 - Open Office Hours
- April 9th Area 9 Zoom
- April 13th Camp Counselor Planning Zoom
 - Club Leaders Support Zoom
- April 14th Regional 4-H Meeting
- April 15th Dean's Covid Zoom
 - Open Office Hours
- April 16th Campus Check list Sub Committee Zoom

- Area 9 Meeting
 - VIP Orientation
- April 20th Jackson County Parents and Leaders
- April 22nd Area 9 Meeting
 - Workflows Zoom
 - Dean's Covid Zoom
 - Open Office Hours
 - Distance Knitting Zoom
- April 23rd 4-H Program Zoom
 - Area 9 Meeting
 - WAE4-HYDP Appreciation video
- April 27th 4-H Reporting & Results Zoom
 - Trempealeau County Parents and Leaders
- April 28th Club Leader Support Survey Data Review
 - 4-H Camp Zoom
 - 4-H Reginal Meeting
- April 29th PYD Thriving Survey Office Hours
 - Dean's Covid Zoom
 - Open Officer Hours
 - Annual Meeting for WEA4-HYDP
 - Distance Knitting Zoom
- April 30th Wisconsin 4-H Program Zoom
 - Area 9 Meeting
 - UW-Madison Admissions Precollege Zoom
- May 4th Club Leader Support Survey Data Review
 - Camp Counselor Training
- May 5th 4-H Fundamentals
- May 6th 4-H Fundamentals
 - Dean's Covid-19 Zoom
 - Open Office Hours
- May 7th 4-H Fundamentals
 - Ettrick Eagles 4-H Meeting
- May 11th Post Secondary Pathways Campus Check List Sub Committee
- May 12th 4-H Regional Meeting
- May 13th Post Secondary Pathways Team
 - Unique Needs, Challenges and Support for Latinx Students and Families
 - Get to know: Monica Lobenstin
 - Open Office Hours
 - Dean's Covid-19 Zoom
 - Livestock Meeting
- May 14th 4-H Program Zoom

**Jackson County Extension Education Committee
FoodWise Report for 3/1/20 – 4/30/20**



Extension
UNIVERSITY OF WISCONSIN-MADISON

Please note: All FoodWise educational events are canceled starting March 16th until further notice due to COVID-19

FoodWise Projects, Events & Professional Development - April Duval, Coordinator:

- State Harvest of the Month work group calls
- Dean’s Extension webinars and calls for supervisors and staff
- FoodWise webinars and Area 9 webinars
- Emails to community partners about programming cancelations
- Answered self-assessment questions to prepare for performance review meeting with Pat Malone, Area Extension Director. Completed Performance Review with Area Director Pat Malone: discussion with her on my FY20 performance = successful.
- Calls with Nutrition Educator Sandy to discuss programming changes, updates, plans for telecommuting, check in on how she is doing, etc.
- PEARS Data triple check and preparation of cover sheets for data entry
- Completed and uploaded weekly telecommuting work plans into the Jackson google drive folder: update weekly and submit. Extension telecommute plan entered and updated
- PEARS Site data clean up tasks from state evaluation team
- Performance review materials for Nutrition Educator Sandy Witte (whom I supervise).
- FoodWise FY20 budget impacts due to Covid-19 event cancelations sent to the state, updated Extension calendar with events impacted
- Extension website and facebook page posts and updates on Food Security and Food Safety: <https://jackson.extension.wisc.edu/nutrition-education/food-security-resources-in-jackson-county/>
- FoodWise FY21 program planning: workbook and budget materials - submit to the state by April 16th for review and made any suggested changes, final proposal submitted.

FoodWise Nutrition Education Programming in Jackson County - April Duval, Coordinator:

School	Grade	# of Classrooms	# of Lessons	Lesson Topic
Forrest Street	Kindergarten	7	1	Fruit
Lincoln Elementary	Kindergarten	2	1	Fruit
Red Creek Elementary	2 nd Grade	7	1	Fruit
Lincoln Elementary	2 nd Grade	3	1	Fruit

Please note: Teaching event #6 with all above grades was canceled due to school closures for Covid-19
5th Grade lessons with Lincoln Elementary were canceled due to Covid-19 school closures
Head Start Parent Programming: Cooking Matters Grant sessions were canceled due to Covid-19 closures:
grant will extend until December 31st.

Health and Well-Being

Karla Gearing – March/April 2020 Highlights Report

Outreach: Building New Connections and Enhancing Current Community Partnerships.

Attended 2 separate Rotary Meetings to promote Strengthening Families Program in the county and also create awareness about the YRBS data that was presented to the 3 school districts.

Strengthening Families – MSFP (Mindfulness Enhanced Strengthening Families Program)

MSFP was held for 3 sessions before cancellation due to the Safer at Home order. I worked with state liaisons to create opportunity to offer the remaining sessions online. The curriculum was created and approved to do so, however, the families were unable to commit to online programming.

Focus Group was held with 5 area parents and a research specialist to increase awareness and participation in the MSFP programming in Jackson County.

Jackson County Resilient and Trauma Informed Communities

Continues to meet through the Safer at Home order and is exploring online options for ACE's education. This group meets every 2 weeks and has been pivotal in opening a line of communication with the 3 school districts to ensure emotional and social supports are being offered to the families most at risk during the pandemic. We are also looking at how to broaden the scope of programming once social distancing guidelines are lifted.

Partnership with Melrose-Mindoro School District for F2S Farm to School Grant – application was approved and I will continue to connect with Sarah McAdams to discuss updates on community promotion and AmeriCorps hiring protocol.

Taking Care of You –

Working with fellow county educators on 3 separate initiatives within the Taking Care of You curriculum. Developed an online Taking Care of You curriculum that is derived from the original material. These include 30 minute power points that county educators can use to teach stand-alone or weekly classes for specific audiences. I have also been a part of a group that has developed and organized a Be Well Series which include 2-3 minute video clips and scripts for brief skill building of coping skills and stress reduction techniques.

Learning to Breathe -

I was scheduled to begin this 8 week course with a group of students in the Middle School the 3rd week of March. I will meet with the developers and trainers of this curriculum in June to learn more about content and potential online delivery. I plan to meet with the school in the fall on how to best incorporate this within the school curriculum as it looks when school returns.

Other/Zooms/Meetings TRULY TOO MANY TO LIST OR COUNT