



Key Programs and Projects

Winter Beef Management

This program was held in Black River Falls and was the second in our fall beef program series. Discussion was geared towards preparing cow/calf operations for winter. I presented on utilizing the Extension feedlot enterprise budget to analyze retained ownership as well as strategic deworming practices to reduce resistance. Topics covered by Trempealeau County agent included body condition scoring, the value of pregnancy checking and composting animal mortalities.

Other Programs, Projects and Meetings

Winter UWEX Ag Newsletter
HCE Winter Article
N Rate Test Plot Harvest 11/5, 7
Dairy Promotion Committee 11/7
Farm Stress PD Zoom 11/7
Farm Team Zoom 11/8
Theisen's Grant Program 11/11
WACAA Bi-Annual Meeting 11/13
Succession Program Planning 11/14
WI Agriculturist Dairy Column Coord. 11/14
All Program Meeting 11/18-19
Hemp Bootcamp 11/21
Ag in Classroom-Cheese Making 11/25
Farm Couple Retreat Planning 11/25
AMS Zoom 11/26
MG Coordinator Discussion 11/26

Farm Visits/Consults

Babcock-Fence Law 11/1
Banner Jour.-Harvest Update 11/1
McCormick-Rental Rates 11/8
Zielsdorf-Fertilizer 11/15
Woof-Home Soil Testing 11/25

**Jackson County Extension Education Committee
FoodWise Report for 11/18/19 – 12/20/19**



Extension
UNIVERSITY OF WISCONSIN-MADISON

FoodWise Projects, Events & Professional Development - April Duval, Coordinator:

- FY19 End of the Year Conversation with FoodWise State Advisor (replaces formal end of the year report). See back of this report for FY19 End of Year information.

FoodWise Nutrition Education Programming in Jackson County - April Duval, Coordinator:

School	Grade	# of Classrooms	# of Lessons	Lesson Topic
Forrest Street	4K (AM and PM Sections)	5	2	Fruits and Vegetables
Jackson County Head Start	4K	1	2	Fruits and Vegetables
Lincoln Elementary	4K	2	2	Fruits and Vegetables



Community Programming:

Head Start Parent Program: Cooking Matters Grant:

- Easy Ways to Get Your Child to Eat and Enjoy Fruits and Vegetables. Goals:
 - Discuss ways to save time preparing different forms of fruits and vegetables
 - Share and discuss ideas for helping kids enjoy and eat more fruits and vegetables
 - Practice making: a Yogurt Parfait and Turkey Chili.

Families went home with all the grocery items needed to make the Yogurt Parfait and Turkey Chili recipes again at home!!

FY19 End of Year Report (October 1, 2018 to September 30, 2019)

 		Jackson County	Trempealeau County
Total number of individual learners (unduplicated)		669	1078
Total number of duplicate contacts		2984	3506
Total number of partners		5	5
Total number of program activities		53	80
Total number of events		186	222
	April Duval, Nutrition Education Coordinator, 1.0 FTE	Sandy Witte, Nutrition Educator 1.0 FTE	
Total number of events completed	167	241	
SNAP-Ed Learner Characteristics:		Jackson County	Trempealeau County
American Indian or Alaska Native		113	18
Asian		3	8
Black or African American		25	13
Native Hawaiian/Pacific Islander		2	2
White		531	1045
Hispanic/Latino		26	563
Non-Hispanic/ Latino		643	512
Female		331	617
Male		338	461
Less than 5 Years Old		127 (19%)	208 (19%)
5-17 Years Old		390 (58%)	569 (53%)
18-59 Years Old		71 (11%)	199 (19%)
60+ Years Old		81 (12%)	102 (9%)

Health and Well-Being

Karla Gearing

November 2019 Highlights Report

Outreach: Building New Connections and Enhancing Current Community Partnerships –

To establish relationships within the context of the newly defined position of a Health and Well-Being Educator, open discussion meetings were held to connect with a number of stakeholders in the community.

- All institute meeting in Madison, WI on 11/18/19 – 11/19/19
- Northwoods Coalition with TFJCK meeting at Jackson Electric 11/8/19 – discussed local YRBS data and how to utilize the results to further programming in the county's school districts.

Program Updates

- **QPR** – All sessions with 9th graders are completed in area schools:
Black River Falls High School - November 5, Session 1 ~20 students; Session 2 ~25 students; Session 3~20 students
November 6, Session 1 ~15 students; Session 2 ~15 students
Melrose – Mindoro - Nov 14 8:15- 9:15 (2 sessions at the same time) ~30 students per group
Lincoln High School Alma Center - November 19, 2 sessions at the same time ~ 25 students per group
- **Strengthening Families – MSFP** (Mindfulness enhanced Strengthening Families Program)
Completed session 7 and graduated 3 families on November 12th. The 4-10 age programming continues to have 4 families with a combined 15 children that attend on a consistent basis and are set to graduate on Dec. 3rd.
- **Taking Care of You** – attended facilitator training with Public Health RN from the Ho-Chunk Nation, and will have conversations with community stakeholders about possible audiences for programming.



Other/Orientation/Training

- **Children's Coalition** – attended on 11/20/19 at Jackson Co. DHHS
- **Onboarding** – attended meeting with Lori Zierl and have outreached to other extension employees in similar roles to enhance understanding of programs. Will be starting formal onboarding through Madison in December and at that time I will be developing a Plan of Work.
- **CASST** – attending a meeting once a month at the BRF Middle School to address needs among student and teacher populations that could be connected with education programs and Extension resources.
- **Servant Led Community** – will be attending a once a month meeting with other community members for the next 2 months