

## WESTCENTRAL WISCONSIN BEHAVIORAL HEALTH CLINIC

### Screening

Screening Tool/s used: **SASSI ADOLESCENT**, (12-17)-**SASSI-II ADULT**, (18-20)  
Depression/Suicidal Risk- **BECKS DEPRESSION CHECKLIST**  
Clinical evaluation (brief)-Substance Use History, Family History, Educational History,  
and Legal History.

### Educational Outline

#### **First Session:**

#### **The pro's and con's to drinking**

#### **The movie – “My name is Crash”**

Discuss the movie

#### **Power Point**

Addiction is...

Define...

Drug is...

Define...

Drug addiction is...

Define...

Research... and brain...

Dopamine...

Frontal lobe...

How addiction affects the body...

Brain...

Compulsive

Craving

Seeking

Using

Behavioral...

Environmental...

Social...

Back to the Brain

Reacts...

Signals...

Stress

Anxiety...

Dopamine photo... of brain...

Progression model... explain why people drink...

Risk factors...

Physically...

Emotionally...

Behaviorally...

Image of an adolescent's brain from 12 to 20...

Image of a health 20 year old brain and an image of a using 20 year old brain on alcohol...

Discuss warning signs... and red flags...

Why addicts need help...

Road to recovery...

Pictures of a game... if they want to play with AOD...

Jail

Death

They hold the key to their life...

Ask for any feed back from the Power Point...

**Reference Folder (Counselor Group Interaction):**

Myths and facts pamphlet...

Signs of problem use...

WI drinking laws...

How parents enable their children to use...

Parental enabling form (yes, no, sometimes)...

The poem...

Tips for parents...

The effects on alcohol/marijuana/cocaine (body diagrams)...

What is a drink?... size

Library resources...

Web resources...

Blue pamphlet...

A guide for parents... resources...

Family alcohol contract... **(due next class)**

Change plan/student... **(due next class)**

Change plan/parent... **(due next class)**

Collage assignment... **(due next class)**

**Research paper topic assignments**

**DAY 2**

**Start off asking if anyone has any questions...**

**Than move to the collages... discuss**

**Movie “Family facts” (PARENT PARTY PATROL)**

**Group Interaction Discussion- techniques to say “NO” to peers...**

**Read through traffic crashes handout...Group Activity**

**Discuss Change plan/student...Discuss Change plan/parent...**

**Discuss the effects on (body diagrams)...**

Alcohol

Marijuana

Cocaine

**Watch the movie “Take two” Or “Addiction” Or “Smashed”**

Hand out Evaluation